

# TeleMAT

## Addiction treatment/medication assisted treatment (MAT)

CommonSpirit Health (CSH) is committed to providing life-saving, compassionate, evidence-based treatment to patients with addiction.

CSH is excited to announce a clinical partnership with BrightHeart Health (BHH) to provide complementary, low-threshold telehealth Medication-Assisted Treatment (TeleMAT) for patients with opioid use disorder (OUD), including the prescription of buprenorphine.

- A **no cost to the provider, easy to implement** solution to increase access to MAT care;
- Available in both the **inpatient and outpatient** setting, including the emergency room;
- An **evidence-based** clinical practice that includes access to an interdisciplinary care team, medication management, behavioral therapy, and a **harm reduction** approach;
- A **complementary** clinical service that **does not** replace CSH MAT providers but rather serves as an additional, supportive service when access is limited or patients need a low-threshold bridge to MAT care;
- A high-value and easy to scale solution for many clinics and providers, especially:
  - Rural or remote clinics,
  - Clinics with no or few MAT x-waivered providers,
  - Clinics with limited community treatment providers or referral options,
  - Providers with long waitlists for MAT care;
  - Hospitals discharging and bridging patients with OUD to community providers.



### Referral

Candidate OUD patients, identified by CSH providers, can be referred directly to BHH for TeleMAT.



### Intake Appointment

BHH will provide an intake appointment within 5 hours of referral from a CSH clinical site. Patients will be engaged in care and providers will start to develop a care plan. This may be completed using BHH provided tablets for a near on-demand patient-provider video appointment.



### Initial Clinical Evaluation

BHH will then follow-up with a full clinical evaluation within 24 hours of referral. This will include prescription for MAT, when clinically indicated, and start of behavioral therapy.



### Provider Communication

BHH will provide follow-up communication and referral communication back to the referring CSH provider and/or the patient's attributable primary care provider, to help close the loop and assure continuity of care.