

# Know Me –

## 10 things to know about me

Our patients want us to connect with them, not their diagnosis. They want us to know them, particularly when there are no visitors to talk with them about what they like to talk about.

### Process

**Obtain “10 Things to Know” from either the patient or family**

- Scribe information on “10 Things to Know” Form
- Post “10 Things to Know” on Patient Communication Board in room

**Obtain from the patient pictures of the patient’s loved ones (family, friends, pets).**

- Have person send pictures to a pre-determined email box (Marketing, Communications, PR) along with person’s name and phone number.
- The receiving department will print and laminate the picture and provide to nursing department.
- Nursing Department will post pictures in patient’s room

### 10 Things to Know

- Name I like to be called
- Important People (Family Members)
- Pets (and names)
- Occupation
- If Service Member (Branch)
- Things that cheer me up
- Hobbies, Sports
- Favorite places I have visited
- Favorite Music or Favorite TV Show
- Achievements of which I am proud

# 10 Things to Know About Me



**Name:** \_\_\_\_\_

I Like To Be Called: \_\_\_\_\_

Occupation: \_\_\_\_\_

Important People:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I Served In (Service Branch): \_\_\_\_\_

TV Show: \_\_\_\_\_

Music: \_\_\_\_\_

Hobbies/Sports: \_\_\_\_\_

Pets: \_\_\_\_\_

Achievements Of Which I Am Proud:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Things That Cheer Me Up:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Other Things To Know:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Photo

A large, empty rectangular box with a blue border, intended for a photo. The word "Photo" is centered in light blue text above the box.