



## Proning with the HandyTube™ Repositioning Aid

EQUIPMENT OPTIONS	PROCEDURE	FACILITY COMMENT
<p>HANDYTUBE LONG or HANDYTUBE WIDE AID</p> <p>Minimum 3 caregivers recommended.</p> <p>Consider patient size, weight, morphology and acuity.</p>	<ul style="list-style-type: none"> <li>▪ Review organization’s protocol for proning, including indications and applicable checklists.</li> <li>▪ Explain procedure to patient (if appropriate).</li> <li>▪ Adjust bed to appropriate working height.</li> <li>▪ Lower side rails and remove headboard if possible.</li> <li>▪ Plan which direction the patient will turn. Adjust equipment, tubing, leads and lines to ensure there is enough slack during the movement.</li> <li>▪ On the side the patient is turning towards, position pillows at the torso and legs as appropriate.</li> <li>▪ Tuck the patient’s arm underneath the buttock to manage the arm during the turn.</li> <li>▪ On the side the patient is turning away from, tuck the HandyTube aid underneath the patient, being sure to include coverage from the shoulders to the heels.</li> <li>▪ Press the HandyTube aid down against the mattress and slide under the patient.</li> <li>▪ Carefully pull/push the patient from the center of the bed to the side of the bed then over onto their side.</li> <li>▪ Add any additional pillows, gel positioners, foam blocks or other positioning devices.</li> <li>▪ Slowly roll patient into prone position, monitoring all lines, airway, and tubes.</li> <li>▪ Carefully remove the HandyTube aid from under the patient by folding one end underneath the tube and pulling.</li> <li>▪ Please note: the HandyTube Reposition Aid is not made of breathable fabric and should not be left under the patient.</li> </ul> <p>The process can be performed in the same manner to return the patient from the prone to supine position.</p>	

For questions, please contact your Hillrom representative.

[hillrom.com](http://hillrom.com)

Hill-Rom reserves the right to make changes without notice in design, specifications and models. The only warranty Hill-Rom makes is the express written warranty extended on the sale or rental of its products.