

# PGY1 Pharmacy Residency Program



Saint Joseph Hospital CHI Saint Joseph Health Lexington, KY







Prospective Residency Candidate,

Congratulations on your progress thus far in your pharmacy education and your decision to continue your professional development! As you near completion of your formal education and begin to evaluate prospective residency programs, it is important to consider how the residency program you choose will benefit you and your career goals, as well as how you will thrive in that given environment.

Together as CHI Saint Joseph Health, we offer state-of-the-art care reaching out to more communities, more specialists able to serve more patients, and more of the latest technology. At Saint Joseph Hospital, we pride ourselves on our tradition of excellence. In 2006, the pharmacy program received the ASHP Best Practice Award. These and other national and local honors demonstrate our commitment to quality patient care, and continuous improvement in our knowledge and skills as medical professionals.

As a resident at Saint Joseph Hospital, you will encounter dedicated preceptors with valuable clinical experience, high professional standards, and an enthusiasm for the practice of pharmacy. Each day residents are presented with opportunities to expand their clinical pharmacy practice skills and knowledge base through direct patient care activities and collaborative interaction with fellow healthcare providers.

Residency candidates interested in the Saint Joseph Hospital PGY1 Pharmacy Residency program should complete the Saint Joseph Hospital Residency Program Application form (available to download on our residency program website), and submit it along with other required materials through ASHP's Pharmacy Online Residency Centralized Application Service (PhORCAS).

As a member of CommonSpirit Health™, Saint Joseph Hospital is an Equal Opportunity/ Affirmative Action employer committed to a diverse and inclusive workforce. All qualified applicants will be considered for employment without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, age, disability, marital status, parental status, ancestry, veteran status, genetic information, or any other characteristic protected by law. Upon review of applications received, qualified candidates will be contacted to arrange an interview.

If you have any additional questions please visit our website or contact me directly. Good luck in your search, and we look forward to reviewing your application.

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### Introduction

### Saint Joseph Hospital

Saint Joseph Hospital, part of CHI Saint Joseph Health, is a 433-bed hospital in Lexington, Kentucky. Founded in 1877, Saint Joseph Hospital was Lexington's first hospital and serves residents of central and eastern Kentucky. We are committed to providing the highest quality of care, guided by our mission and core values of Compassion, Inclusion, Integrity, Excellence and Collaboration. Known as Lexington's "heart hospital," Saint Joseph has pioneered many firsts in the health care community and has been nationally recognized for treatment in cardiology, orthopedics and stroke.



Saint Joseph Hospital is an acute, medical, and surgical facility, and the Pharmacy Department offers a wide variety of critical care and specialty services across 22 operating rooms, 50 intensive care unit beds (22-bed Cardiothoracic and Vascular Unit, a 12-bed Coronary Care Unit, a 10-bed Medical/Surgical Intensive Care Unit, and a 6 bed Neurosurgical Intensive Care Unit), 158 Telemetry unit beds, a 24 hour Emergency Department, various procedural areas (Interventional Cardiac Cath Lab, Electrophysiology Lab, Interventional Radiology, and Endoscopy), and Ambulatory Care Pharmacy services in the outpatient setting.

### **About CHI Saint Joseph Health**

CHI Saint Joseph Health, part of Catholic Health Initiatives, and is aligned with Dignity Health to form CommonSpirit Health, one of the largest private healthcare organizations in the country. Our comprehensive health system offers care in 135 locations throughout central and eastern Kentucky, including hospitals, physician groups, clinics, primary care centers, specialty institutes and home health agencies.



### **Pharmacy**

The pharmacy staff is comprised of hospital based pharmacists, clinical pharmacists, transitional care pharmacists, ambulatory care and community pharmacists, pharmacy residents, and technical staff. Members of the pharmacy staff provide both centralized and decentralized pharmaceutical care and patient education throughout the institution to assure safe, accurate, rational and cost-effective medication therapy. Work activities focus on the provision of pharmaceutical care within the department's clinical role in assuring patient-centered, rational drug therapy. Clinical pharmacy services are offered in collaboration with health care professionals for the cure and prevention of disease and/or symptoms of disease.

Saint Joseph Hospital operates with a fully electronic medical record, computerized physician order entry, and bar code medication administration. Technology for bar-coded unit-dose packaging and centralized distribution is utilized within the pharmacy department.

# **Program Overview**

The PGY1 Pharmacy Residency program at Saint Joseph Hospital is designed to provide broad exposure to patient-centered care in a dynamic and goal-oriented environment. Emphasis is placed on development of independent practice skills in comprehensive pharmacy practice, clinical and didactic teaching, research methodology, and self-evaluation. Great importance is placed on the residents' individual goals and expectations thereby allowing program experiences and assessments to be regularly restructured to keep pace with their development throughout the year.

An interactive teaching environment allows residents to precept pharmacy student experiences and perform education for other healthcare providers. Residents are members of the Adult Cardiac Code, Code Stroke, Code Sepsis, and Rapid Response Teams which provide care during emergency scenarios. Residents will also have opportunities to observe and participate in the Pharmacy & Therapeutics Committee and various other Medical Staff committees in the facility. Upon completion of the program, each resident will be prepared to be exceedingly competitive in both clinical or leadership opportunities within the profession.

Residents will engage in a variety of direct patient care and longitudinal learning experiences to help refine in-depth knowledge and skills in independent practice. Learning experiences are offered in a breadth of therapeutic areas and elective opportunities allow training to be tailored to the interests of the individual. While on clinical service, responsibilities of the resident include collaboration with healthcare team members and independent therapeutic drug monitoring to support optimal patient centered care.





# Learning Experiences

Learning Experiences are offered in a variety of direct patient care and hospital practice settings. While on clinical service, the resident's responsibilities include working with healthcare team members through participation in multidisciplinary rounds, monitoring drug therapy, providing drug information and pharmacokinetic consultations, providing patient education and counseling, and identifying/preventing medication errors or adverse events. The following core Learning Experiences are required elements of the PGY1 Pharmacy residency program. Additional elective Learning Experiences are also available.

#### **Core Learning Experiences (All 5 Weeks Duration)**

#### Orientation

The resident will begin the residency year by orienting central pharmacy functions, department policies and procedures, electronic medical records/computer systems, patient monitoring, clinical documentation, ACLS training/code response, and resident project details and timelines.

#### Internal Medicine

The resident will assess and manage drug therapies for patients on general medical/surgical floors, respond to consults for medication dosing or information, identify potential drug therapy problems and perform appropriate interventions, and collaborate with the healthcare team.

#### **Critical Care**

The resident will participate in multidisciplinary rounding with the intensive care unit team in medical and surgical critical care settings, identifying therapeutic needs of critically ill patients, developing treatment plans, and monitoring care for efficacy and safety.

#### Cardiology/Cardiothoracic Surgery

The resident will acquire skills in the principles of managing various cardiovascular disease states and conditions including congestive heart failure, common cardiac arrhythmias, myocardial infarction, interventional procedures, post-interventional care, post-surgical patient management, and advanced cardiothoracic pharmacy.

#### Comprehensive Site Care (Saint Joseph East)

The resident will participate in provision of comprehensive clinical and departmental pharmacy services for patients in various levels of care (intensive care, medical/surgical, general admissions) at our Saint Joseph East Hospital campus. Activities will include clinical pharmacy consultation, therapeutic drug monitoring, multidisciplinary rounding, engaging in clinical interventions, medication use system surveillance, and educational opportunities.

#### **Ambulatory Care**

The resident will have opportunities to develop ambulatory care pharmacy practice skill sets in direct collaboration with providers in a variety of available ambulatory care landscapes including Primary Care, Medication Optimization Clinic, Neurology, and Hematology/Oncology Chemotherapy Infusion Clinic.

#### Infectious Diseases

Residents will participate in multidisciplinary direct patient care services with the Infectious Disease Team, as well as Antimicrobial Management Team service activities including prospective review of culture and susceptibility data, and providing support and recommendations for the selection and streamlining of antimicrobial therapy.

#### Neurology/Stroke Care

This experience allows the resident to participate in the care of patients admitted to the Neurology/Telemetry unit for management of ischemic and hemorrhagic stroke, transient ischemic attacks, seizures, as well as other associated neurological conditions and comorbidities.

# Learning Experiences (continued)

# **Elective Learning Experiences Select Two (All 5 Weeks Duration)**

- Transitional Care Service
- Emergency Medicine
- · Opioid Stewardship/Palliative Care
- Administration
- Long Term Acute Care
- Internal Medicine Selective
- Critical Care Selective
- Cardiology/Cardiothoracic Surgery Selective
- Ambulatory Care Selective
- Infectious Diseases Selective
- Electrophysiology Selective

# **Longitudinal Learning Experiences** (52 Weeks Duration)

- Pharmacy Staffing
- Resident Major and Minor Project
- Pharmacy Practice Management

#### **Other Activities:**

- Adult Cardiac Code Response
- Code Stroke Response
- Code Sepsis Response
- Rapid Response Team
- · Anticoagulation Service
- Drug Information
- EKG 12-Lead Interpretation
- Nutrition Service
- Pharmacokinetics Service
- Teaching Certificate Program





#### **Resident Benefits:**

- Health/Dental/Vision/Life Insurance
- Employer matched retirement
- Professional travel reimbursement (registration, airfare, mileage, hotel): ASHP Midyear and Spring Residency Conference
- BLS and ACLS Certification
- Embroidered White Coat
- Free Employee Fitness Center

- 18 Vacation Davs
- · 8 Personal Days
- · 6 Paid Holidays
- · 34 Weekends Off
- · All Friday evenings off
- · Meal discounts
- Free covered parking



**Program Start Date: Mid-June** 

**Program End Date:** June 30th the following year **Application Requirements:** 

The SJH Pharmacy Residency Application Form is available on the Saint Joseph Hospital Pharmacy Residency Program website. Other required application materials include:

- Personal Cover Letter
- Curriculum Vitae
- Official Academic Transcripts
- Three Letters of Recommendation

**Application Deadline: January 2nd** 



# Lexington, KY

Lexington, Kentucky is located in the heart of the Bluegrass Region and is known to many as the Horse Capital of the World. From horse races at Keeneland Race Course, to the impressive and legendary horse farms located in and around Lexington, Kentucky, it is simple to see why this area is a horse enthusiast's dream.

Also located in Lexington is the University of Kentucky. This prestigious university is a source of pride for the entire community. Everyone is welcome to attend sporting events such as football and basketball to cheer on the Wildcats to victory!











### **Social Events**

The Residency program at Saint Joseph Hospital is certainly not all work and no play. Members of the pharmacy staff regularly get together at social events to relax and have some fun.

### **Community Service Projects**

As a means to integrate the practice of pharmacy into the community and encourage the patient/pharmacist relationships, we encourage our residents to participate in community events. During these events residents gain a greater appreciation for social and economic issues impacting our patient population, which aid in providing complete patient care.



## **PGY1** Pharmacy Residency Program

Saint Joseph Hospital One Saint Joseph Drive Lexington, Kentucky

Residency Website:



