

Community Benefit Report 2025



Serving Communities Beyond the Walls of Our Facilities

At Saint Joseph Health, we are proud to live our mission to make the healing presence of God known in our communities. That's more than just providing the high quality care that our patients across Kentucky have come to rely on over the years. Our mission also leads us to serve our communities in other ways.

In this, our annual Community Benefit Report, we share just a glimpse into some of the many ways we as an organization, and through our caregivers, give back across the commonwealth.

In the 2025 fiscal year, our facilities provided \$493,910 in grant funding to local organizations addressing critical community needs identified through our community health needs assessment – substance use disorders, mental health and healthy lifestyles. Through this collaboration, one of our core values, we work with these nonprofits to address critical needs in our communities.

Like many across Kentucky, teams from across Saint Joseph felt called to provide support to our friends and neighbors in London following the devastating tornado in May. Our team at Saint Joseph London provided immediate emergency care to those affected and joined the community in clean-up efforts.

Our local facilities and market leaders have continued to develop programs that expand the net of care beyond a hospital stay. Saint Joseph Health in Lexington launched the first hospital-based Community Paramedicine program to help patients achieve optimal health after leaving the hospital. For those patients who meet certain criteria, we have added a licensed social worker to visit them at home to ensure their condition continues to improve after discharge.

We are extremely proud of the work our caregivers do within the walls of our hospitals and clinics, as well as their efforts to give more to those in need. Teams in Lexington joined Habitat for Humanity to build a new home for a local family. Our Bardstown caregivers providing education for youth on the importance of helmets and bike safety. We supported the work of Berea Home Village for older people who face challenges in staying in their homes. We provided education for young people in CPR and other life support skills in collaboration with Maysville Community and Technical College.

At Saint Joseph Health, we focus on the health of the communities we serve, and understand that our vision of a healthier future for all can only be achieved when we come together and act through humankindness.



Matt Grimshaw, MBA
Market President, Saint Joseph Health

Saint Joseph Health Board of Directors FY25

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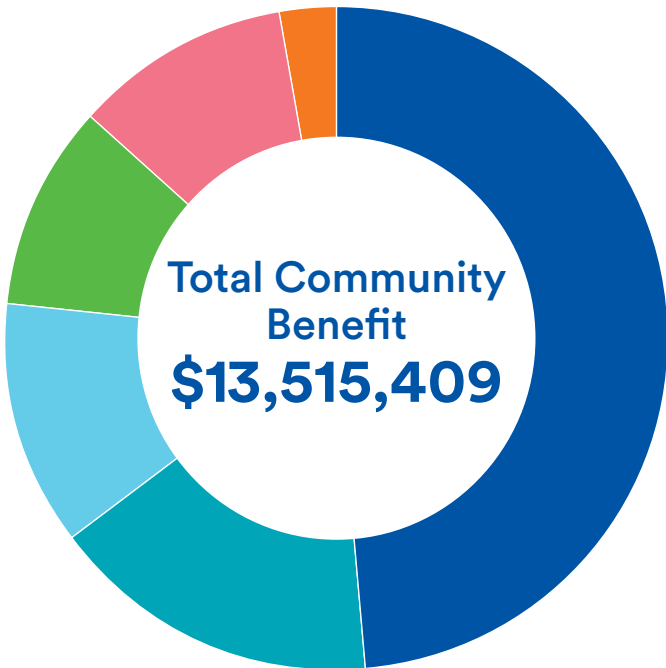
Shelley Stanko, MD

Emmanuel Yumang, MD

Community Benefit 2025

Saint Joseph Health supports our communities through charitable giving.

Saint Joseph Health follows the guidelines set forth in the Catholic Health Association's **A Guide for Planning and Reporting Community Health Benefit** as the basis for developing its financial statement for community benefit.



- Financial assistance: free or discounted health services provided to persons who cannot afford to pay: **\$6,575,709**
- Health professions education: **\$2,189,998**
- Subsidized health services: **\$1,626,275**
- Cash and in-kind contributions donated to community: **\$1,340,973**
- Community health improvement services: **\$1,416,765**
- Community benefit operations: **\$365,689**
- Unpaid cost of Medicaid: **\$0**

**Each year, Kentucky's hospitals provide millions of dollars in uncompensated care – care provided for which no payment is received or the payment received does not cover the hospital's actual cost of delivering the care. Medicaid disproportionate share hospital (DSH) payments help to offset those uncompensated care costs. House Bill 183, passed in the 2021 legislative session, updated the Hospital Rate Improvement Program (HRIP), which allows the state to draw down federal funds to make a supplemental Medicaid payment to Kentucky hospitals. In FY25, costs to provide Medicaid services did not exceed revenues, thus 0 is reflected in the pie chart above. Saint Joseph Health has always cared for the most vulnerable. The additional funding for this fiscal year provided an opportunity for those in these most unusual times.*

Saint Joseph Health gave back more than **\$13 million** in 2025.

On average, Saint Joseph Health provided **\$1,126,284** in community benefit each **MONTH** of 2025.

That's more than \$37,028 a day!

Unpaid Cost of Medicare **\$25,092,834**

Community Building Activities **\$156,424**

Community Health Improvement Grants

At Saint Joseph Health, we extend our mission beyond hospital walls through collaboration with organizations addressing community health challenges. The ministry provided \$493,910 in grant funding throughout Kentucky to various nonprofit organizations focused on combating substance use, enhancing mental health services, and improving nutritional outcomes, which were identified as priority areas in Saint Joseph Health's Community Health Needs Assessments.

Saint Joseph Hospital and Saint Joseph East

- **Bluegrass Care Navigators** received \$50,000 to support and enhance grief and integrative medicine programs, which offer critical support to individuals and families navigating loss, through a holistic approach that often includes counseling, therapy and complementary health practices.
- **Community Inspired Lexington** received a \$20,420 grant to address food insecurity in North Lexington's food deserts. The program will provide nutritional support to families by improving access to healthy food and promoting better dietary habits.
- **The Hope Center** has received \$50,000 to help fund a mobile health initiative aimed at assisting the unhoused population by delivering comprehensive medical, mental health and nutritional support during recovery from substance use and mental health disorders and addressing the challenges of homelessness.
- **LexArts** has been granted \$60,000 to spearhead an initiative focused on improving youth mental health through specialized arts programming.
- **Refuge for Women** received \$60,000 to assist survivors of human trafficking and sexual exploitation. The grant will ensure the continuation of comprehensive client support programs, including safe housing, counseling, educational opportunities and vocational training, all strategically designed to empower women to reconstruct their lives with dignity and independence.
- **The YMCA of Central Kentucky** has been awarded \$50,000, which will be used for the expansion of its LIVESTRONG Program. The grant will enable the implementation of a novel "Y on the Move" mobile minibus to empower staff and volunteers to deliver essential community services directly to underserved populations.



- **Catholic Action Center** was granted \$20,000 for its innovative “Dignity Station,” a mobile service specifically designed to provide essential amenities for individuals experiencing homelessness. The “Dignity Station” offers easier access to much-needed showers and laundry facilities for the homeless population.

Saint Joseph Berea



- **Hospice Care Plus** received \$10,000, to help offer crucial grief support, including support groups and educational programs, to six counties. These services are available to all, regardless of whether they previously received hospice care.
- **The Farmacy Project**, by Sustainable Berea, received \$16,000 to support its mission of serving low-income residents in Berea and Richmond. This initiative provides fresh produce, cooking supplies, and nutrition education, promoting the concept of “food as medicine” for those managing chronic illnesses.

Saint Joseph London



- **Kentucky Communities Economic Opportunity Council (KCEOC) Community Action Partnership** received \$50,000 for emergency food, healthy eating education, and budget-conscious cooking.
- **Community Farm Alliance** was awarded \$25,190 to provide free local produce to senior citizens.

Flaget Memorial Hospital



- **Isaac W. Bernheim Foundation** received \$19,500 for healthy food education and outdoor access for students. The partnership’s focus is on inspiring healthy behaviors and connecting people with the health benefits of gardening.
- **St. Vincent de Paul Outreach Ministries** received a \$10,000 grant to provide nutritious food to food-insecure residents. The grant will also fund food safety, nutrition and cooking classes, which will include Spanish translations.

Saint Joseph Mount Sterling



- **Gateway Children’s Services** received \$16,000 to provide vital resources on nutrition and substance use prevention for elementary students affected by poverty, mental illness, addiction and life events.
- **The Sterling Community Food Coalition** received \$16,800 to offer healthier food options at its pantry.

Lexington

Community Paramedicine: Meeting Patients Where They Are to Prevent Readmission

When patients leave the hospital, recovery doesn't stop at discharge. For many, the real challenges – medication management, transportation or safe housing – begin once they return home.

To bridge that critical gap, Saint Joseph Health launched Lexington's first hospital-based Community Paramedicine program. The initiative focuses on reducing hospital readmissions for patients with sepsis, COPD and heart failure – conditions most likely to lead to rehospitalization.

Each patient receives up to two free, in-home visits after leaving the hospital if they meet certain criteria. During these visits, the community paramedic and social worker assess the patient's condition, review medications, reinforce disease-specific education, and connect patients to community resources. Every visit is purpose-driven, targeting stabilization, education, or resource connection.

The program serves older adults who face social and economic barriers to recovery.

Sydney Hardin, LSW, plays a key role by addressing the social determinants of health that often lead to readmissions. She coordinates transportation through programs like LexTrans Wheels and Federated Transportation – many rely on costly private-pay services that can exceed \$100 per week. For patients living on fixed incomes averaging \$1,300 a month, essentials like food, medications and utilities quickly become unaffordable.

"Our goal is to help patients stay home and stay healthy," said Hardin. "Many of our patients face barriers like transportation issues, financial strain and lack of social support. We step in to connect them with community resources, teach them about their conditions, and make sure they don't fall through the cracks."

"This program is about more than health care – it's about rebuilding community and human connection," Hardin said. "Sometimes it's just being there to listen, and other times it's helping someone find the right support so they can live independently and with dignity."

This program is about more than health care – it's about rebuilding community and human connection.



Sydney Hardin, LSW, Social Worker



Fast Facts



96% in 7 days
84% in 30 days

Patients avoiding rehospitalization



Patients ages 50 and older receive **TWO** free, in-home visits, if they meet certain criteria.

Lexington

Building Hope Through Partnership

Habitat for Humanity and Catholic Parishes of Lexington

Saint Joseph Health recently partnered with Habitat for Humanity and the Catholic Parishes of Lexington to sponsor the construction of a new townhome to help make a caregiver's dream of becoming a homeowner a reality.

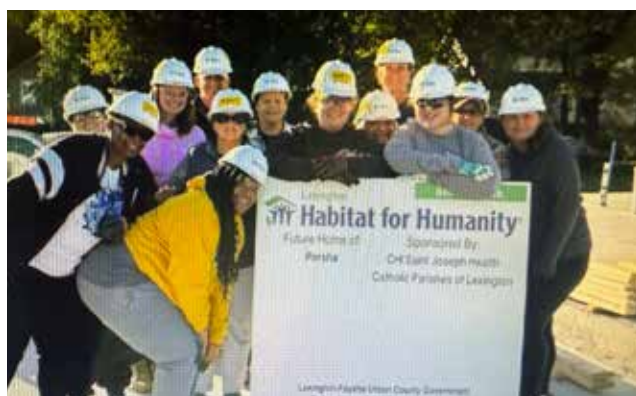
Five volunteer teams from Saint Joseph Health contributed their time and talents – swinging hammers, painting walls and working side-by-side with Habitat staff to bring the home to life. The project began with a joyful home blessing led by Bishop John Stowe, celebrating community, compassion and faith in action.

“We’re grateful for the opportunity to give back to our community in a way that goes beyond providing health care,” said Sherri Craig, market vice president external relations. “This partnership allows us to live out our mission of making the healing presence of God known – both inside our hospitals and out in the broader community.”

At the dedication, Porsha, the new homeowner, was presented with the keys to her new home – a symbol of safety, stability, and the start of a new chapter for her family.

We’re grateful for the opportunity to give back to our community in a way that goes beyond providing health care.

Sherri Craig, market vice president, External Relations



By the Numbers

 **5** Saint Joseph Health Volunteer Teams

 **3** Organization Partners

Saint Joseph East caregiver achieving homeownership in a home sponsored in partnership with Habitat for Humanity



Bardstown

Keeping the Fun of Biking Safe

There was no shortage of community partners when Flaget Memorial Hospital spearheaded summer bicycle safety events at two Nelson County elementary schools. Children and their families learned the consequences of not wearing a helmet from Saint Joseph Health medical professionals, who measured and properly fit each child with a new, free helmet provided by the ministry. Law enforcement officers reviewed the bicycle rules of the road for kids, who also had their bikes inspected for safety by a local tire business.

“It was a wonderful blend of having a lot of fun and getting a lot of great information to the students and families,” said Flaget Memorial Hospital President Jennifer Nolan. “I really see events like this as our responsibility as the community hospital. The people we serve rely on us for all kinds of information to keep them safe and healthy. That sometimes means bringing that information to them outside the hospital setting and into their own communities.”

About 125 people attended each bike safety event, organized by Misty Roller, Flaget’s violence prevention manager.

The fun included refreshments, a water slide, bike obstacle course and bike washes —one of which was provided by the Bloomfield Fire Department’s truck hoses.

Dr. Kevin Moore and nurse practitioner Justin Robertson, with Saint Joseph Medical Group, outlined the medical aspects of helmets and bike safety. Flaget employees also volunteered to pitch in at both events.

The community gatherings also enabled Roller to tell parents about Squabbles, a program Flaget is sponsoring at local elementary schools that teaches life skills, conflict resolution and managing emotions.

The success of the school-based events prompted the inclusion of a similar bike safety station as part of the September launch of Future Healers, a mentorship program connecting children with health care careers and trauma-informed healing. Thirty-two Bardstown Elementary students attended that event, held on the Flaget campus.

By the Numbers



Bike Helmets Provided

48 New Haven Elementary  **47** Bloomfield Elementary

 **32**

Flaget/Future Healers

I really see events like this as our responsibility as the community hospital.



Jennifer Nolan, president, Flaget Memorial Hospital

Partners For Bicycle Safety

- Partnering for bicycle safety
- Flaget Memorial Hospital
- New Haven Elementary School Family Resource Center
- Bloomfield Elementary School Family Resource Center
- Nelson County Sheriff’s Department
- Bloomfield Police Department
- Bloomfield Fire Department
- American Tire Inc.

Berea

Helping Improve the Lives of Older People in the Community

“I have macular degeneration. Berea Home Village makes sure I get where I need to go.”

“My sons are very happy to know that someone calls me every week.”

These are testimonials from members of the Berea Home Village, a nonprofit that supports Berea residents 50 and older who want to stay in their home but may face challenges in doing so.

Saint Joseph Health has supported the organization over the past two years with funding—this year awarding it \$10,000 through the Lloyd H. Dean Institute for Humankindness and Health Justice. Moreover, for the past eight years, the Berea hospital has provided it with office space for a nominal fee.

“They’re part of the family,” said John C. Yanes, president of Saint Joseph Berea and Saint Joseph London. “The Berea community is very tight-knit, with a lot of mutual support. Our hospital is the community hospital, so frequently residents of the community that access the assistance of Berea Home Village are also treated in our hospital.”

Saint Joseph Health’s support and donations have meant a lot, said Katie Heckman, Berea Home Village executive director. “In a day when ageism is so prevalent, to be recognized for a program that improves the lives of older people in Berea and helps them remain in their own homes as long as it makes sense for them, is pretty amazing,” she said.

The office space at Saint Joseph Berea helps the nonprofit financially, and also lends credence to Berea Home Village, she said. “The fact that we’re in this building makes people feel comfortable with us,” said Heckman, a former community relations manager for the hospital.

The volunteer-based organization’s 53 current members pay an annual fee for services ranging from transportation to phone check-ins to social activities, plus a \$25 annual buy-in fee.

The Berea community is very tight-knit, with a lot of mutual support.



John Yanes, president
Saint Joseph Berea and Saint Joseph London



Services Provided at Berea Home Village

- Transportation
- Social activities
- Educational programs
- Lunch and learn
- Home repairs
- Home safety assessments
- Weekly phone check-ins
- Loans for assistance equipment
- Vendor referrals
- Health and wellness programs

London

Together During, After the Storm Working Together to Recover

Shortly after the May 16, 2025, tornado touched down in Laurel County, caregivers at Saint Joseph London were on the move, caring for more than 100 patients coming in through the emergency department in a 12-hour span.

After the initial wave of treatment, caregivers – some who had been personally impacted – mobilized to help their community.

“The same individuals who were impacted either by treating patients in the emergency department or having a neighbor impacted, were back out there helping with the recovery phase, helping with the cleanup,” said Saint Joseph London President John Yanes. “We talk about humankindness ... that was humankindness in action,” Yanes said.

The Saint Joseph team responded through volunteer efforts to help clean up hard-hit areas, donate food and items, and coordinate with other local organizations to ensure the community’s needs were being met.

“When you’re a small town, everybody just comes together,” said Rita Taylor, RN, community outreach nurse at Saint Joseph London. “It didn’t matter what your title was; it didn’t matter what your badge said. We traded our scrubs and our suits and our stethoscopes for work boots and shovels. We went out and got dirty.”

We traded our scrubs and our suits and our stethoscopes for work boots and shovels.



Rita Taylor, RN, *community outreach nurse at Saint Joseph London*



Mount Sterling

Bringing Life Support Skills to Young People in Mount Sterling

Twenty teens and preteens from the Mount Sterling area now have Basic Life Support certification, thanks to clinical educators from Saint Joseph Health, who taught them during a summer First Responders Camp.

The weeklong camp in June was organized by Maysville Community and Technical College through its Mount Sterling satellite campus. Most participants were between 12 and 18 years old, with three 10-year-olds.

Rachel Randle, workforce liaison at Maysville Community and Technical College, said the camp was aimed at introducing young people to first responder careers and helping them to realize that there are a host of support jobs behind, say, every more visible police officer or firefighter.

Registered nurse and clinical educator John Welch, who usually teaches adults and is based at Saint Joseph hospitals in London and Berea, used humor as appropriate and encouraged questions to keep the youth engaged. But he noted, “I did not shy away from talking about the fact that they are trying to save a life.”

He and co-instructor, Jennifer Strode, an RN and clinical educator at Saint Joseph Mount Sterling, taught basic life support, including hands-on CPR. “They were given a test to confirm competency and they all passed. They did very well with it,” Welch said.

Saint Joseph Health’s participation in the event shows the community “our investment in their well-being that starts long before they need our care,” said Rita Taylor, community outreach coordinator for the Mount Sterling, Berea and London hospitals, who organized Saint Joseph’s involvement in the camp. “Being there providing education face to face allows opportunities for questions and to build relationships so they know we are a partner they can trust.”



Skills Learned at First Responders Camp

Basic Life Support including:

- Hands-only CPR and underlying science
- Use of AED
- Pulse check
- Rescue breaths
- Choking relief in adults and infants

Being there providing education face to face allows opportunities ... to build relationships so they know we are a partner they can trust.

Rita Taylor, community outreach coordinator

Community Engagement Events

Lexington Children's Museum



Saint Joseph London Water Safety



Berea CV Screenings



2024 MICA STEM Academy



Saint Joseph East Health Fair – Winburn Neighborhood



How We Serve Leader List

Lesly Arrasmith

- Maysville Community & Technical College, Advisory Board

Melissa Bennett

- Kentucky Hospital Association, Active
- American Nursing Association, Member
- Kentucky Organization of Nurse Leaders, Member
- American College of Healthcare Executives, Member

Mary Branham

- Junior Achievement, Board Member

Deborah Burton

- State of Kentucky, Division of Telehealth, Steering Committee
- American Telemedicine Association, Special Interest Group
- Kentucky Care Coordination Cross Continuum, Advisory Group

Sherri Craig

- American College of Healthcare Executives, Fellow
- Commerce Lexington, Policy Council Member
- Council on Postsecondary Education, Healthcare Workforce Collaborative Advisory Group
- Kentucky Chamber, Health & Wellness Council
- Kentucky Hospital Association, Certificate of Need and Legislative Committees
- The Nature Conservancy, Kentucky Board
- Leadership Kentucky, Alumni Member

James Cooley

- Church Under the Bridge, Volunteer

Andrea Creekmore

- Kentucky Organization of Nurse Leaders, Member
- American Nurses Association, Member
- Kentucky Nursing Association, Member
- Somerset Community College, Nursing Program Advisory Board
- Berea College, Nursing Program Advisory Board

John Crowe

- Kentucky Baptist Disaster Relief, Volunteer

Bob Desotelle

- National Association of Long Term Hospitals, Board
- Kentucky Hospital Association, Board, LTCH Group, HRIP Quality Committee, Post-Acute Care Forum

Findley, Angela

- STEM Project in Nelson County, Volunteer

Danni Fore

- American Case Management Association, KY/TN Chapter, Member
- Bluegrass Community Care Continuum, Member

David Franz

- SOS International, Board

Graham Gandee

- University of the Cumberlands, Physical Therapy Program, Advisory Board
- Maysville Community & Technical College, Physical Therapist Assistant Program, Advisory Board

Greg Giles

- Bluegrass Regional Imaging, Board
- Cardinal Hill Hospital, Community Advisory Board
- Georgetown/Scott County Chamber of Commerce, Active

Adam Gossom

- Old Kentucky Home Middle School, Site Based Decision Making Council

Sheila Devine Griffeth

- American Heart / American Stroke, Central Kentucky Chapter
- Surgery on Sunday, Board
- Kentucky Nursing Association, Member
- Kentucky Organization of Nurse Leaders, Member
- Association of PeriOperative Registered Nurses, Member
- American Society of PeriAnesthesia Nurses, Member
- American College of Cardiology, Member

- Society of Thoracic Surgery, Member
- Medical Group Management Association, Kentucky Chapter, Member
- American Medical Group Association, Member

Matt Grimshaw

- Commerce Lexington, Board
- Kentucky Hospital Association, Board
- Kentucky Chamber, Board
- Kentucky State University, Board of Regents

Melissa Hicks

- American Red Cross, Bluegrass Chapter, Board

Marty Keith

- Kentucky Community & Technical College System Foundation, Board
- Kentucky Chamber, Education & Workforce Policy Council
- Kentucky Hospital Association, Workforce Committee
- University of Kentucky, Human Development Institute Inclusive Worker Health Leadership Network
- YMCA Central Kentucky, Board
- Lexington Theatre, Board
- University of Kentucky, College of Public Health, Adjunct Faculty

Carmel Jones

- Medical Group Management Association, Member
- Medical Group Management Association, Kentucky Chapter, Member
- American Medical Group Association, Member
- VNA Health at Home, Board

Shannon Nally

- Kentucky Hospital Association, Community Coalition of the Bluegrass
- Women Leading Kentucky, Active

How We Serve Leader List

Jennifer Nolan

- Continuing Care Hospital, Board
- Flaget Memorial Hospital Foundation, Board
- Lincoln Trail Workforce Development, Board
- Nazareth Villages, Board
- Nelson County Schools, UP Foundation, Board Chair
- Kentucky Health Benefit Exchange, Behavioral Health Subcommittee, Member

Lisa Peck

- Sterling Health Care, Board

Kami Poole-Warder

- Kentucky Nurses Association, Member, Treasurer of Nightingale Chapter
- Kentucky Organization of Nurse Leaders, Member

Austin Roush

- Bluegrass Community and Technical College, Advisory Board
- Somerset Community College, Advisory Board
- Southside Technical Center, Advisory Board
- Eastern Kentucky University, Advisory Board
- Lexington's Emergency Medical, Advisory Board
- Lexington's Situation Table
- Bluegrass Healthcare Coalition; Preparedness and Readiness Division
- Kentucky Pediatric Medical Operations Coordination

Maggie Smith

- Bardstown Rotary Club
- Nelson County Chamber of Commerce, Advisory Board
- Cooper Trail Senior Living Center, Advisory Board
- Bellarmine University, Scholarship Selection Committee

Christy Spitzer

- Continuing Care Hospital, Board Treasurer
- Healthcare Financial Management Association, Member
- Kentucky Hospital Association, Board & Reimbursement Committee
- Saint Joseph Health Partners, Board Treasurer
- Saint Joseph Medical Group, Board Treasurer
- Foundation for a Healthy Kentucky, Board
- Lexington Strides Ahead, Board

Shelley Stanko

- Georgetown College, Board
- Laurel County Board of Health
- Saint Joseph Health System Board, Executive Committee, Chair QVC Committee
- Saint Joseph Medical Group Board Chair, Quality Committee Chair
- Leadership TriCounty, Alumni
- American College of Healthcare Executives, Fellow
- American Academy of Family Physicians, Fellow
- Kentucky Academy of Family Physicians, Member
- Kentucky Medical Association, Member

Delaine Thiel

- YMCA of Central Kentucky, Board
- Association of Fundraising Professionals, National and Bluegrass Chapter, Member
- Association for Healthcare Philanthropy, National Member

John Yanes

- Eastern Kentucky University, College of Osteopathic Medicine, Advisory Committee
- Greater Kentucky & Southern Indiana Alzheimer's Association, Board
- Leadership Kentucky, Board
- Saint Joseph London Foundation, Board
- Saint Joseph Berea Foundation, Board
- Saint Joseph Mount Sterling Foundation, Board
- London – Laurel County Chamber of Commerce, Board
- London Rotary Club, Member
- University of the Cumberlands, Capital Campaign Cabinet

