

CHI ST. Vincent Infirmery and North 2022 Community Health Implementation Strategy





Adopted November 2022



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At-a-Glance Summary

<p>Community Served</p> 	<p>CHI St. Vincent Infirmery, located in Little Rock, and CHI St. Vincent North, located in Sherwood, provide services for the largest urban population in Arkansas, 391,911 persons in Pulaski County. Our hospitals share a Commitment Area of Pulaski, Saline, Lonoke, Faulkner, Jefferson, and White Counties. Located within those counties are the cities of Little Rock, North Little Rock, Sherwood, Jacksonville, Benton, Conway, Searcy, and Pine Bluff.</p>		
<p>Significant Community Health Needs Being Addressed</p> 	<p>The significant community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital’s most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs, grouped under “access” and “education,” are:</p> <table border="1" data-bbox="415 726 1430 1031"> <tr> <td data-bbox="415 726 857 1031"> <ul style="list-style-type: none"> ● Access to Primary Care ● Access to Mental Health Care ● Basic Health Knowledge and Awareness ● Chronic Condition Education </td> <td data-bbox="857 726 1430 1031"> <ul style="list-style-type: none"> ● Domestic Violence and Human Trafficking ● Food and Nutrition Education ● Substance Abuse Treatment and Education </td> </tr> </table>	<ul style="list-style-type: none"> ● Access to Primary Care ● Access to Mental Health Care ● Basic Health Knowledge and Awareness ● Chronic Condition Education 	<ul style="list-style-type: none"> ● Domestic Violence and Human Trafficking ● Food and Nutrition Education ● Substance Abuse Treatment and Education
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<p>Strategies and Programs to Address Needs</p> 	<p>The hospital intends to take actions and to dedicate resources to address these needs, including:</p> <p>Southwest LR Mission Clinic Connected Community Network Respite Care Academies of Central Arkansas Anti-Violence and Human Trafficking Programs Community health outreach program</p>		
<p>Anticipated Impact</p> 	<p>Access to Care: The Infirmery hopes to impact the general health of our community by improving access to primary care services in communities least served by existing resources; partnering with local government to expand and support access to community resources; and providing better access behavioral health care especially in our growing homeless populations.</p> <p>Education: The intent is to improve the general health of the community by improving the level of basic health knowledge and awareness and by building a greater level of confidence in and respect for health care in communities that traditionally this sentiment has been lacking.</p>		
<p>Planned Collaboration</p>	<p>Access to Care: City of Little Rock; St. Vincent de Paul, USA; Jericho Way; Divine Mercy Clinic; Greater Little Rock Chamber of Commerce; Arkansas Department of Health</p>		



Education: City of Little Rock; Greater Little Rock Chamber of Commerce; Little Rock School District; CommonSpirit Health-Human Trafficking Initiative; LRPD; Pulaski County Sheriff

This document is publicly available online at the hospital's website. Written comments on this report can be submitted to the Office of Mission Integration % Michael Millard, 2 St. Vincent Circle, Little Rock, Arkansas, 72205 or by e-mail to michaelmillard@catholichealth.net.

Our Hospital and the Community Served

About the Hospital

CHI St. Vincent Infirmiry and CHI St. Vincent North are part of CommonSpirit Health, one of the largest nonprofit health systems in the U.S., with more than 1,000 care sites in 21 states coast to coast, serving 20 million patients in big cities and small towns across America.

St. Vincent Infirmiry: In 1888, two vitally important developments occurred in the history of Arkansas health care. A pair of pioneering hospitals both opened: St. Vincent Infirmiry in Little Rock and St. Joseph's in Hot Springs. Learn more about our history. With more than 600 licensed beds, CHI St. Vincent Infirmiry is a faith-based, not-for-profit organization serving the health care needs of Arkansans, including patients from all 75 counties. As well, our team has achieved the highest recognition for nursing, Magnet designation.

Our Emergency Department (often referred to as Emergency Room or ER) provides emergency care for both adult and pediatric patients 24 hours a day. We have experienced, compassionate physicians and nurses on staff in the emergency room, who specialize in emergency medicine. We also have a Level 2 Trauma Center designation. For minor health issues and after hours care, you can turn to one of our Convenient Care clinics.

Centers of Excellence - Serving Little Rock, Arkansas and Beyond. We serve residents who seek advanced care in specialties for heart care, neurosciences (brain and spine), and orthopedics.

St. Vincent North: CHI St. Vincent North in Sherwood opened in October 1999. The hospital offers private rooms and serves the community with 24-hour emergency service. More than 200 coworkers and physicians at the facility provide medical care for Sherwood, North Little Rock, Jacksonville and surrounding communities. We share the campus with the CHI St. Vincent Rehabilitation Hospital.

In 2017, we announced plans to relocate the Arkansas Neurosciences Institute from the Infirmiry in Little Rock to our North campus. Learn more. In 2019, this vision became a reality when our neurosurgical teams completed intense preparations and began using the newly renovated intensive care units, surgical suites and other spaces.

Our Emergency Department (often referred to as Emergency Room or ER) provides emergency care for both adult and pediatric patients 24 hours a day. We have experienced, compassionate physicians and nurses on staff in the emergency room, who specialize in emergency medicine. In 2016, we expanded our heart services. We care for ST elevation myocardial infarction (STEMI), which is caused by a blockage of

blood flow to the heart and requires timely treatment. To prevent death, it's critical to restore blood flow as quickly as possible, either by mechanically opening the blocked vessel or by providing clot-busting medication. Learn more.

Our Mission

The hospital's dedication to assessing significant community health needs and helping to address them in conjunction with the community is in keeping with its mission. As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

Financial Assistance for Medically Necessary Care

It is the policy of CommonSpirit Health to provide, without discrimination, emergency medical care and medically necessary care in CommonSpirit hospital facilities to all patients, without regard to a patient's financial ability to pay. This hospital has a financial assistance policy that describes the assistance provided to patients for whom it would be a financial hardship to fully pay the expected out-of-pocket expenses for such care, and who meet the eligibility criteria for such assistance. The financial assistance policy, a plain language summary and related materials are available in multiple languages on the hospital's website.



Description of the Community Served

CHI St. Vincent Infirmiry and CHI St. Vincent North

Since St. Vincent North opened in 1999, the hospital has shared a tax ID number, resources, and primary commitment areas with St. Vincent Infirmiry. Both facilities are located in Pulaski County, the Infirmiry in Little Rock and North in Sherwood, north of the Arkansas River. Because both facilities share so much in common, they will be largely considered together in this Community Health Needs Assessment. However, input from Key Informant Surveys, one on one interviews with hospital leadership, and examination of individual ZIP Code demographics have been used to adjust the assessment for each facility and will also be used in the formulation of the Implementation Plan.

CHI St. Vincent Infirmiry Commitment Area

The Infirmiry is a leading center for cardiovascular in the State of Arkansas, and as such draws patients from all over the state and region. Following the guidelines established by the IRS and CMS, the Community Benefits and Mission Teams established that the areas of primary commitment shall be defined as those counties which housed up to 75% of unique medical records at each facility. While we will continue to look upon all of Arkansas as our mission field, these counties will be the primary focus of our community efforts.

The Community Benefits and Mission teams have therefore defined the Primary Commitment Area for the Infirmary to be Pulaski County, Saline County, Lonoke County, Jefferson County, Faulkner County, and White County. A review of unique medical records indicates that admissions from these counties make up 75% of the admissions to the Infirmary for the study period.

CHI St. Vincent North Commitment Area

St. Vincent North is an internationally recognized center for neurology serving as the host for the Arkansas Neurosciences Institute. Following the guidelines established by the IRS and CMMS, the Community Benefits and Mission Teams established that the areas of primary commitment shall be defined as those counties which housed 75% of unique medical records at each facility. While we will continue to look upon all of Arkansas, and indeed the world, as our mission field, these counties will be the primary focus of our community efforts.

The Community Benefits and Mission teams have therefore defined the Primary Commitment Area for the St. Vincent North to be Pulaski County, Faulkner County, Lonoke County, and Saline County. A review of unique medical records indicate that admissions from these counties make up 75% of the admissions to North for the study period.

	Infirmary and North				North		90th percentile for positive factors 10th percentile for negative factors
	Pulaski	Saline	Lonoke	Faulkner	Jefferson	White	Top US Performers
Length Life							
Life Expectancy	76.3	77.3	75.4	76.7	73.5	75.8	81.1
Premature Age Adjusted Mortality	440	400	450	410	580	450	280
Quality of Life							
Frequent Mental Distress	15%	14%	16%	15%	17%	16%	12%

Frequent Physical Distress	14%	13%	14%	14%	17%	15%	10%
Health Factors							
Obesity	34%	30%	41%	37%	43%	33%	26%
Teen Births	33	22	28	23	45	31	12
Food Insecurity	17%	13%	14%	16%	20%	17%	9%
Clinical Care							
Uninsured	8%	7%	8%	8%	8%	10%	6%
Primary Care Physicians	840:1	2,170:1	5,260:1	1,860:1	1,620:1	1,920:1	1,030:1
Mental Health Providers	220:1	740:1	1,700:1	660:1	440:1	510:1	270:1
Social and Economic Factors							
Violent Crime	1,060	352	340	361	1,009	344	63
Suicides	16	20	22	17	19	13	11
Children in Poverty	20%	15%	15%	16%	33%	20%	10%
Demographics							
Population	391,911	122,437	73,309	126,007	66,824	78,753	
% < 18	23.10%	23.10%	25.40%	22.80%	21.70%	23.00%	
% > 65	16.10%	18.20%	13.80%	12.90%	18.00%	16.80%	
% Non-Hispanic Black	37.50%	8.20%	6.20%	12.00%	57.00%	4.50%	
% Non-Hispanic White	51.60%	83.40%	85.80%	79.90%	38.30%	87.70%	

% Hispanic	6.20%	5.10%	4.60%	4.20%	2.20%	4.40%	
% Female	52.30%	51.20%	50.90%	51.20%	50.60%	51.30%	
% Rural	12.30%	36.20%	44.80%	38.80%	30.90%	54.30%	

Community Assessment and Significant Needs

The health issues that form the basis of the hospital’s community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in June 2022. The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available on the hospital’s website or upon request from the hospital, using the contact information in the At-a-Glance Summary.

Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
Lack of Access to Primary and Mental Health Care	Lack of accessibility to primary and mental health care in those communities that have the highest rates of poverty, lack of insurance, transportation, and confidence in health care.	•
Basic Health Knowledge and Awareness	There is a need to leverage our people and our knowledge to engage with the community to teach and influence people how to make wise decisions about their health care, learn about when and how to access the resources that are available, and to build trust between care providers and the community.	•

Significant Health Need	Description	Intend to Address?
Chronic Conditions Education, including obesity and heart disease, and Food and Nutrition Education	<p>Prevalence of obesity and related comorbidities in the population due to lack of access to healthy food options and education.</p> <p>The incidence of heart disease has been on the rise partially because of lifestyle choices and partially because so many people postponed treatment during the pandemic.</p>	<ul style="list-style-type: none"> •
Domestic Violence and Human Trafficking	A major concern for our hospital’s leadership as well as a majority of key informant survey participants is violent crime	<ul style="list-style-type: none"> •
Substance Abuse	The pandemic has exacerbated rates of substance abuse in the community and created further shortages of resources to provide such care for needy communities.	<ul style="list-style-type: none"> •

2022 Implementation Strategy

This section presents strategies and program activities the hospital intends to deliver, fund or collaborate with others on to address significant community health needs over the next three years, including resources for and anticipated impacts of these activities.

Planned activities are consistent with current significant needs and the hospital’s mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

Creating the Implementation Strategy

The hospital is dedicated to improving community health and delivering community benefits with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

Hospital and health system participants included Mission Integration leaders, senior leadership at both the Infirmary and North, community partners like the City of Little Rock and Jericho Way, the Arkansas Department of Health, Arkansas Health Network, St. Vincent Foundation, St. Vincent



Board of Directors, and the Catholic Diocese of Little Rock.

Community input or contributions to this implementation strategy included surveys of internal and external stakeholders, community partners, public health services, and ongoing partnerships with public and private agencies.

The programs and initiatives described here were selected on the basis of existing and anticipated partnerships with community resources with a shared objective to improve the health outcomes of our community by positively affecting the social determinants of health. Emphasis is being placed on the partnerships that we can form which will have the best opportunities for success.

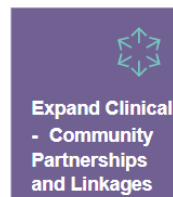
Community Health Strategic Objectives

The hospital believes that program activities to help address significant community health needs should reflect a strategic use of resources and engagement of participants both inside and outside of the health care delivery system.

CommonSpirit Health has established four core strategic objectives for community health improvement activities. These objectives help to ensure that our program activities overall address strategic aims while meeting locally-identified needs.



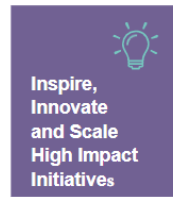
Create robust alignment with multiple departments and programmatic integration with relevant strategic initiatives to optimize system resources for advancing community health.



Scale initiatives that complement conventional care to be proactive and community-centered, and strengthen the connection between clinical care and social health.





Work with community members and agency partners to strengthen the capacity and resiliency of local ecosystems of health, public health, and social services.





Partner, invest in and catalyze the expansion of evidence-based programs and innovative solutions that improve community health and well-being.

Strategies and Program Activities by Health Need

 Health Need: Access to Primary and Mental Health Care					
Anticipated Impact (Goal)	The Infirmery hopes to impact the general health of our community by improving access to primary care services in communities least served by existing resources; partnering with local government to expand and support access to community resources; and providing better access behavioral health care especially in our growing homeless populations.				
Strategy or Program	Summary Description	Strategic Objectives			
		Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Southwest Little Rock Mission Clinic	<ul style="list-style-type: none"> A new clinic in a severely medically underserved area in Southwest Little Rock that will focus on providing primary care medical services and providing access to existing community resources to address the social needs of our patients. 	•	•	•	•
Connected Community Network	<ul style="list-style-type: none"> A patient centered, integrated network of social, medical, and behavioral health services linked together to provide easier access to post acute care, especially for the homeless community and the poor. 	•	•	•	•
Respite Care	<ul style="list-style-type: none"> Partner with local government and social services to create a safe place for medical and behavioral health patients, especially the homeless, to continue their recovery in a post acute setting. 	•	•	•	•
Community Outreach Program	<ul style="list-style-type: none"> The hospital is planning a new Community Outreach program featuring a Community Health Coordinator and two Community Health Workers. 	•	•	•	•

 Health Need: Access to Primary and Mental Health Care	
Planned Resources	Community health outreach staff, education and research resources from the local hospital as well as our System Community Outreach Office. Staff medical and social work specialists to participate in community events.
Planned Collaborators	City of Little Rock; St. Vincent de Paul, USA; Jericho Way; Divine Mercy Clinic; Greater Little Rock Chamber of Commerce; Arkansas Department of Health

 Health Need: Education about Health, Chronic Conditions, Food and Nutrition, Domestic Violence/Human Trafficking, and Substance Abuse					
Anticipated Impact (Goal)	The intent is to improve the general health of the community by improving the level of basic health knowledge and awareness and by building a greater level of confidence in and respect for health care in communities that traditionally this sentiment has been lacking.				
Strategy or Program	Summary Description	Strategic Objectives			
		Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Academies of Central Arkansas	<ul style="list-style-type: none"> A partnership with a local high school and the Chamber of Commerce to foster interest in careers in the medical sciences. 	•	•	•	•
Anti-violence and Human Trafficking	<ul style="list-style-type: none"> A partnership with local law enforcement to improve the community's awareness and response to the growing threat of violence and trafficking in our area. 	•	•	•	•

 Health Need: Education about Health, Chronic Conditions, Food and Nutrition, Domestic Violence/Human Trafficking, and Substance Abuse	
Community Outreach Program	<ul style="list-style-type: none"> The hospital is planning a new Community Outreach program featuring a Community Health Coordinator and two Community Health Workers.
Planned Resources	Community health outreach staff, education and research resources from the local hospital as well as our System Community Outreach Office. Staff medical and social work specialists to participate in community events.
Planned Collaborators	City of Little Rock; Greater Little Rock Chamber of Commerce; Little Rock School District; CommonSpirit Health-Human Trafficking Initiative; LRPD; Pulaski County Sheriff