

# Specialty appendices

## Urology Service Acknowledgement

We provide expert consultation for Urology services and perform related procedures for you and your referring health care provider. We do not provide primary care services for other medical problems. It is important for you to have a primary care provider.

We provide prescriptions for medications related to your procedure problems only. We do not renew prescriptions of other physicians.

We refill prescriptions by phone only during office hours. We cannot refill any

prescriptions on nights or weekends. Please allow 3-5 working days to process your request. You can greatly speed up refills if you have your pharmacy send an electronic refill request.

We do not evaluate for disability or complete disability paperwork.

Signature of Patient or Authorized Representative

Date

Print Name of Patient or Authorized Representative

## International Prostate Symptom Score (IPSS)

Determine Your BPH Symptoms Circle your answers and add up your scores at the bottom.

Over the past month	Not at all	Less than one time in five	Less than half the time	About half the time	More than half the time	Almost always
<b>Incomplete emptying</b> - How often have you had the sensation of not emptying your bladder completely after you finished urinating?	0	1	2	3	4	5
<b>Frequency</b> - How often have you had to urinate again less than two hours after you finished urinating?	0	1	2	3	4	5
<b>Intermittency</b> - How often have you found you stopped and started again several times when you urinated?	0	1	2	3	4	5
<b>Urgency</b> - How often have you found it difficult to postpone urination?	0	1	2	3	4	5
<b>Weak stream</b> - How often have you had a weak urinary stream?	0	1	2	3	4	5
<b>Straining</b> - How often have you had to push or strain to begin urination?	0	1	2	3	4	5
<b>Sleeping</b> - How many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning?	None 0	One Time 1	Two Times 2	Three Times 3	Four Times 4	Five or More Times 5
<b>Add Symptom Scores:</b>						

Total International Prostate Symptom Score = \_\_\_\_\_

1-7 mild symptoms    8-19 moderate symptoms    20-35 severe symptoms

Regardless of the score, if your symptoms are bothersome you should notify your doctor.

Quality of Life (QoL)	Delighted	Pleased	Mostly Satisfied	Mixed	Mostly Dissatisfied	Unhappy	Terrible
If you were to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that?	0	1	2	3	4	5	6

Would you be interested in treatment options?                      YES                      NO

### Sexual Health Inventory For Men (SHIM)

**Instructions:**

Each question has 5 possible responses. Circle the number that best describes your own situation. Select only 1 answer for each question.

**Over the past 6 months:**

1. How do you rate your confidence that you could keep an erection?

- 1  
Very Low
- 2  
Low
- 3  
Moderate
- 4  
High
- 5  
Very High

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?

- 1  
Almost never  
or never
- 2  
A few times  
(Much less than  
half the time)
- 3  
Sometimes  
(About half the time)
- 4  
Most times  
(Much more than  
half the time)
- 5  
Almost always

3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?

- 1  
Almost never  
or never
- 2  
A few times  
(Much less than  
half the time)
- 3  
Sometimes  
(About half the time)
- 4  
Most times  
(Much more than  
half the time)
- 5  
Almost always

4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

- 1  
Extremely  
difficult
- 2  
Very difficult
- 3  
Difficult
- 4  
Slightly difficult
- 5  
Not Difficult

5. When you attempted sexual intercourse, how often was it satisfactory for you?

- 1  
Almost never  
or never
- 2  
A few times  
(Much less than  
half the time)
- 3  
Sometimes  
(About half the time)
- 4  
Most times  
(Much more than  
half the time)
- 5  
Almost always

## Colorectal Surgery Service Acknowledgement

We provide expert consultation for Colorectal Surgery services and perform related surgeries for you and your referring health care provider. We do not provide primary care services for other medical problems. It is important for you to have a primary care provider.

We provide prescriptions for medications related to your procedure problems only. We do not renew prescriptions of other physicians.

We refill prescriptions by phone only during office hours. We cannot refill any prescriptions on nights or weekends. Please allow 3-5 working days to process your request. You can greatly speed up refills if you have your pharmacy send an electronic refill request.

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\_\_\_\_\_  
Signature of Patient or Authorized Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name of Patient or Authorized Representative

## Gastrointestinal Medical History

### Circle all that apply

Barrett's Esophagus	Pancreatic Disease	Diverticulitis	H. Pylori Infection	Colitis
Celiac Disease	Ulcerative Colitis	Esophageal Cancer	Heartburn / GERD	Colon Cancer
Cirrhosis	Crohn's Disease	Fatty Liver	Hepatitis A/B/C	Colon Polyps
Liver Disease	Difficulty Swallowing	Gastric Cancer	Irritable Bowel Syndrome	Stomach Ulcers

### Circle previous surgeries

Appendectomy	Fundoplication	Heart valve surgery	Kidney surgery	Prostate surgery
Cardiac Ablation	Gallbladder	Heller myotomy	Liver surgery	Small bowel surgery
Colon Surgery	Gastric surgery	Hemorrhoid surgery	Lysis of adhesions	Weight loss surgery
C-Section	Heart stent	Hernia repair	Organ transplant	Other:
Defibrillator	Heart surgery	Kidney stones	Pacemaker	

### What medical problems run in your family? (Please check all that apply. If yes, indicate relationship)

Medical Problem	No	Yes	If Yes, Who?
Colon Cancer / Colon Polyps			
Stomach / Esophageal Cancer			
Small Bowel Cancer			
Gallbladder Disease			
Liver Disease			
Ulcerative Colitis / Crohn's			
Diabetes/			
Heart Disease			
High Cholesterol			
High Blood Pressure			
Other:			

### Circle previous diagnostic tests

Bravo pH Probe	Esophageal Manometry	Liver biopsy	Small bowel capsule	ERCP
Colonoscopy - Date of last exam:		Upper Endoscopy - Date of last exam:		

## Gastroenterology

Reason for Office Visit: \_\_\_\_\_

Do you take aspirin or NSAIDs (ibuprofen, Mortin, Aleve, Excedrin, BC Powders, Goodies)? \_\_\_\_\_

Have you received the Hepatitis A or Hepatitis B vaccination? \_\_\_\_\_

Do you have any metal in your body? \_\_\_\_\_

Have you had any previous problems with anesthesia or procedures? \_\_\_\_\_

Do you take any blood thinners? \_\_\_\_\_

If yes, who wrote or is managing the prescription? \_\_\_\_\_

Who referred you to see gastroenterology? \_\_\_\_\_

OFFICE USE ONLY						
EGD	COLONOSCOPY	LABS	RADIOLOGY	GOLYTELY	CLENPIQ	OTHER PREP:
LOCATION: <b>SWV SLHW EITHER</b>						
ANTICOAGULATION / CARDIAC CLEARANCE:						
RED RECORDS:			SAMPLES:			
FOLLOW-UP	DAY(S)	WEEK(S)	MONTH(S)	YEAR(S)	PRN	

## Gastroenterology Service Acknowledgement

We provide expert consultation for Gastroenterology services and perform related surgeries for you and your referring health care provider. We do not provide primary care services for other medical problems. It is important for you to have a primary care provider.

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Signature of Patient or Authorized Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name of Patient or Authorized Representative

## Gastrointestinal Medical History

### Circle all that apply

Barrett's Esophagus	Pancreatic Disease	Diverticulitis	H. Pylori Infection	Colitis
Celiac Disease	Ulcerative Colitis	Esophageal Cancer	Heartburn / GERD	Colon Cancer
Cirrhosis	Crohn's Disease	Fatty Liver	Hepatitis A/B/C	Colon Polyps
Liver Disease	Difficulty Swallowing	Gastric Cancer	Irritable Bowel Syndrome	Stomach Ulcers

### Circle previous surgeries

Appendectomy	Fundoplication	Heart valve surgery	Kidney surgery	Prostate surgery
Cardiac Ablation	Gallbladder	Heller myotomy	Liver surgery	Small bowel surgery
Colon Surgery	Gastric surgery	Hemorrhoid surgery	Lysis of adhesions	Weight loss surgery
C-Section	Heart stent	Hernia repair	Organ transplant	Other:
Defibrillator	Heart surgery	Kidney stones	Pacemaker	

### What medical problems run in your family? (Please check all that apply. If yes, indicate relationship)

Medical Problem	No	Yes	If Yes, Who?
Colon Cancer / Colon Polyps			
Stomach / Esophageal Cancer			
Small Bowel Cancer			
Gallbladder Disease			
Liver Disease			
Ulcerative Colitis / Crohn's			
Diabetes			
Heart Disease			
High Cholesterol			
High Blood Pressure			
Other:			

### Circle previous diagnostic tests

Bravo pH Probe	Esophageal Manometry	Liver biopsy	Small bowel capsule	ERCP
Colonoscopy - Date of last exam:		Upper Endoscopy - Date of last exam:		

## Heartburn & Acid Reflux Patient Intake Form

Name \_\_\_\_\_

Date \_\_\_\_\_

**Have You:**

- Used PPI/H2 for more than 6 months at any time?  Yes  No
- Seen a Gastroenterologist for your reflux? If so, who:  Yes  No
- Had an Endoscopy? If so, please provide date:  Yes  No
- Been diagnosed with Barrett's Esophagus?  Yes  No
- Had a pH study? If so, please provide date:  Yes  No
- Done Manometry testing? If so, please provide date:  Yes  No
- Had surgery for Reflux (GERD) or a Hiatal Hernia repair?  Yes  No
- Had LPR Symptoms?  Yes  No  
(Excessive throat clearing/Persistent cough/Hoarseness/"Lump" in throat/Postnasal drip/Excess throat mucus/Trouble swallowing/Trouble breathing/Sore throat)

**Are You Taking Any Of The Following Ppis?**

- |                                     |                               |                                |
|-------------------------------------|-------------------------------|--------------------------------|
| Prilosec® (Omeprazole)              | <input type="checkbox"/> Once | <input type="checkbox"/> Twice |
| Nexium® (Esomeprazole)              | <input type="checkbox"/> Once | <input type="checkbox"/> Twice |
| Prevacid® (Lansoprazole)            | <input type="checkbox"/> Once | <input type="checkbox"/> Twice |
| Dexilant® (Dexlansoprazole)         | <input type="checkbox"/> Once | <input type="checkbox"/> Twice |
| Protonix® (Pantoprazole)            | <input type="checkbox"/> Once | <input type="checkbox"/> Twice |
| Aciphex® (Rabeprazole)              | <input type="checkbox"/> Once | <input type="checkbox"/> Twice |
| Zegerid® (Omeprazole/Sodium Bicarb) | <input type="checkbox"/> Once | <input type="checkbox"/> Twice |

**How Many Times/Day?**

**Are You Taking Any Of The Following H2 Blockers?**

- |                       |                               |                                |
|-----------------------|-------------------------------|--------------------------------|
| Pepcid® (Famotidine)  | <input type="checkbox"/> Once | <input type="checkbox"/> Twice |
| Zantac® (Ranitidine)  | <input type="checkbox"/> Once | <input type="checkbox"/> Twice |
| Tagamet® (Cimetidine) | <input type="checkbox"/> Once | <input type="checkbox"/> Twice |
| Axid® (Nizatidine)    | <input type="checkbox"/> Once | <input type="checkbox"/> Twice |

**How Many Times/Day?**

OFFICE USE ONLY BELOW:	
GERD-HRQL TOTAL SCORE:	RSI TOTAL SCORE:
Satisfied / Dissatisfied / Neutral	TAKING MEDS: YES NO
Patient requires testing (circle):    EGD    pH Bravo    Manometry	
Other/Notes:	

## Heartburn & Acid Reflux Patient Intake Form

We may ask you to complete this form during every appointment to monitor the progression of your symptoms

Name \_\_\_\_\_

Date \_\_\_\_\_

The following are validated questionnaires to determine the severity of your symptoms. Please circle the answer that best describes your experience when you are NOT on medication.

### Scoring Scale

0	1	2	3	4	5
No symptoms	Symptoms noticeable, but not bothersome	Symptoms noticeable & bothersome, but not every day	Symptoms bothersome every day	Symptoms affect daily activities	Symptoms are incapacitating, unable to do daily activities

### GERD-HRQL (Measures Typical Symptoms)

1) How bad is your heartburn?	0	1	2	3	4	5
2) Heartburn when lying down?	0	1	2	3	4	5
3) Heartburn when standing up?	0	1	2	3	4	5
4) Heartburn after meals?	0	1	2	3	4	5
5) Does heartburn change your diet?	0	1	2	3	4	5
6) Does heartburn wake you from sleep?	0	1	2	3	4	5
7) Do you have difficulty swallowing?	0	1	2	3	4	5
8) Do you have pain with swallowing?	0	1	2	3	4	5
9) If you take medication, does this affect your daily life?	0	1	2	3	4	5
10) How bad is your regurgitation?	0	1	2	3	4	5
11) Regurgitation when lying down?	0	1	2	3	4	5
12) Regurgitation when standing up?	0	1	2	3	4	5
13) Regurgitation after meals?	0	1	2	3	4	5
14) Does regurgitation change your diet?	0	1	2	3	4	5
15) Does regurgitation wake you from sleep?	0	1	2	3	4	5
16) How satisfied are you with your present condition?	Satisfied		Neutral		Dissatisfied	

GERD-HRQL TOTAL SCORE: \_\_\_\_\_

### Reflux Symptom Index (Measures Atypical Symptoms)

1) Hoarseness or a problem with your voice?	0	1	2	3	4	5
2) Clearing your throat?	0	1	2	3	4	5
3) Excess throat mucus or postnasal drip?	0	1	2	3	4	5
4) Difficulty swallowing food, liquids, or pills?	0	1	2	3	4	5
5) Coughing after you ate or lie down?	0	1	2	3	4	5
6) Breathing difficulties or choking episodes?	0	1	2	3	4	5
7) Troublesome or annoying cough?	0	1	2	3	4	5
8) Sensations of something sticking in your throat or lump in your throat?	0	1	2	3	4	5
9) Heartburn, chest pain, indigestion, or stomach acid coming up?	0	1	2	3	4	5

RSI TOTAL SCORE: \_\_\_\_\_

## General Surgery

Reason for Office Visit: \_\_\_\_\_

Do you take aspirin or NSAIDs (ibuprofen, Motrin, Aleve, Excedrin, BC Powders, Goodies)? \_\_\_\_\_

Have you received the Hepatitis A or Hepatitis B vaccination? \_\_\_\_\_

Do you have any metal in your body? \_\_\_\_\_

Have you had any previous problems with anesthesia or procedures? \_\_\_\_\_

Do you take any blood thinners? \_\_\_\_\_

If yes, who wrote or is managing the prescription? \_\_\_\_\_

Who referred you to see general surgery? \_\_\_\_\_

**Are you currently having any of the following symptoms?** (Please circle all that apply)

**Constitution:** fever, chills, weight loss, fatigue, weakness

**Skin:** rash, itching

**Ears, Nose, Mouth, Throat:** headaches, hearing loss, ringing in ears, ear pain, ear discharge, nosebleeds, congestion, sore throat

**Eyes:** blurred vision, double vision, eye pain, eye discharge, eye redness

**Cardiovascular:** chest pain, palpitations, leg swelling, leg pain with walking

**Respiratory:** cough, coughing blood, shortness of breath, wheezing

**Gastrointestinal:** frequent or painful urination, blood in urine

**Musculoskeletal:** muscle pain, neck pain, back pain, joint pain, falls

**Endocrine:** easy bruising or bleeding, allergies, excessive urination

**Neurological:** dizziness, tingling, tremor, speech change, weakness or numbness on one side, seizures, fainting or passing out

**Psychiatric:** depression, nervous/anxious, insomnia, memory loss, suicidal thoughts

OFFICE USE ONLY						
LABS	RADIOLOGY	MED RECORDS	EGD	COLONOSCOPY	GOLYTELY	PREPOPIK
SAMPLES:						
FOLLOW-UP	DAY(S)	WEEK(S)	MONTH(S)	YEAR(S)	PRN	

## General Surgery Service Acknowledgement

We provide expert consultation for General Surgery services and perform related surgeries for you and your referring health care provider. We do not provide primary care services for other medical problems. It is important for you to have a primary care provider.

We provide prescriptions for medications related to your procedure problems only. We do not renew prescriptions of other physicians.

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Signature of Patient or Authorized Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name of Patient or Authorized Representative

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## ORTHOPEDECS

Reason for Office Visit: \_\_\_\_\_

**Which bone/joint is the problem:** LEFT / RIGHT / BOTH \_\_\_\_\_

How did this problem start?  Accident  Work-Related Injury  Sports Injury  No Injury/Unknown

Describe how this problem/injury/accident occurred: \_\_\_\_\_

How long ago did the problem start? \_\_\_\_ Days \_\_\_\_ Weeks \_\_\_\_ Months \_\_\_\_ Years

How severe is your pain? (10 being the worst) 0 1 2 3 4 5 6 7 8 9 10

Describe radiation:  None  Numbness  Tingling  Weakness  Where does it radiate? \_\_\_\_\_

What is the quality of your pain?  Sharp  Dull  Stabbing  Throbbing  Aching

What are your symptoms?  Weakness  Swelling  Catching  Popping  Locking  Grinding  
 Shooting  Numbness  Tingling

Is your pain:  Constant  Intermittent (comes & goes)

### Aggravating Factors (check all that apply)

Standing  Walking  Lifting  Exercise  Twisting  Bending  Lying in bed  Squatting  
 Kneeling  Stairs  Sitting  Typing

### Alleviating Factors (check all that apply)

Rest  Elevation  Ice  Heat  Compression/Brace  NSAIDS  Topical Creams  Other \_\_\_\_\_

### Ambulation Status (check all that apply)

None  Cane  Crutches  Walker  Wheelchair  Scooter  Full Weight Bearing  Partial Weight Bearing

### Prior Treatments

Have you seen another provider for this problem?  Yes  No If yes, who: \_\_\_\_\_

Medications:  NSAIDS  Tramadol  Medrol Pack  Tylenol #3  Gabapentin  Norco  Other \_\_\_\_\_

Cortisone Injections L Celestone / Depo Medrol / Kenalog / Beta Date last given: \_\_\_\_\_

Viscosupplementation Injections: \_\_\_\_\_ Date last given: \_\_\_\_\_

Physical Therapy:  PT  OT  Home Health If Yes, where: \_\_\_\_\_

Have you had surgery for this problem?  Yes  No If yes, what kind \_\_\_\_\_

Who performed the surgery? \_\_\_\_\_ Date of surgery? \_\_\_\_\_

### Fall Risk Status

Are you taking medication that affects your balance?  Yes  No

Do you have a history of falls?  Yes  No

Do you take precautions to prevent falls?  Yes  No

Have you fallen in the past 6 months?  Yes  No