





**You can be
in control
of your life.**



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1-888-373-7888 
TEXT BEFREE TO 233733 
HUMANTRAFFICKINGHOTLINE.ORG 

**If you need help, or
believe someone you
know needs help,
please call, text, or visit:**

SIGNS OF HUMAN TRAFFICKING OR ABUSE:

Were you tricked into running away or leaving your home?

Are you forced or pressured to trade sex for money?

Did someone trap you in a job?

Or to have sex with people you don't want to?

Is your job different from what you were promised?

Are you afraid to leave?

Are you getting paid for all the work you do?

Is your ID or other documentation being held by someone else?

If you are a victim of human trafficking or another type of abuse, talk to your physician or nurse, or ask to speak with a social worker. You can learn more about your options—including long-term needs like housing, education, legal advice, and finding a job.



IF YOU NEED HELP OR MORE INFORMATION, PLEASE CONTACT:

Name:

Phone:

Name:

Phone:
