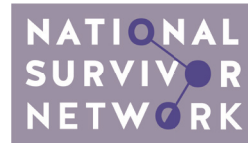


I realized I needed help.
So I asked for support—
and now I feel unharmed
and in control.



**You can be
in control
of your life.**

**If you need help, or believe
someone you know needs
help, please**

**call
1-888-373-7888,**

**text
BEFREE to 233733**

**or visit
[humantraffickinghotline.org](https://www.humantraffickinghotline.org)**



SIGNS OF HUMAN TRAFFICKING OR ABUSE:

Were you tricked into running away or leaving your home?

Did someone trap you in a job?

Is your job different from what you were promised?

Are you getting paid for all the work you do?

Are you forced or pressured to trade sex for money?

Or to have sex with people you don't want to?

Are you afraid to leave?

Is your ID or other documentation being held by someone else?



**You deserve
to be unharmed,
no matter what
you've been told.**

Talk to your physician or nurse, or ask to speak with a social worker. You can learn about your options—including long-term needs like housing, education, legal advice, and finding a job.

NATIONAL AGENCIES, ADVOCATES & SERVICE PROVIDERS:

National Human Trafficking Hotline:
1-888-373-7888 (888-3737-888)

National Domestic Violence Hotline:
1-800-799-SAFE (7233)

National Sexual Assault Hotline:
1-800-656-HOPE (4673)

National Teen Dating Abuse Hotline:
1-866-331-9474

National Runaway Safeline for Runaway and Homeless Youth:
1-800-RUNAWAY (786-2929)

StrongHearts Native Helpline:
1-844-7NATIVE (762-8483)

National Suicide Prevention Lifeline:
1-800-273-8255

FOR MORE INFORMATION, PLEASE CONTACT:

Name:

Phone/Address:
