

If you need help, or believe someone you know needs help, please call, text, or visit:

-  1-888-373-7888
-  TEXT BEFREE TO 233733
-  HUMANTRAFFICKINGHOTLINE.ORG

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You can be in control of your life.



Phone:

Name:

Phone:

Name:

IF YOU NEED HELP OR MORE INFORMATION, PLEASE CONTACT:



If you are a victim of human trafficking or another type of abuse, talk to your physician or nurse, or ask to speak with a social worker. You can learn more about your options—including long-term needs like housing, education, legal advice, and finding a job.

- Were you tricked into running away or leaving your home?
- Did someone trap you in a job?
- Is your job different from what you were promised?
- Are you getting paid for all the work you do?
- Are you forced or pressured to trade sex for money?
- Or to have sex with people you don't want to?
- Are you afraid to leave?
- Is your ID or other documentation being held by someone else?

SIGNS OF HUMAN TRAFFICKING OR ABUSE: