

Lloyd H. Dean
Institute for
Humankindness &
Health Justice

Inside LHDI

humankindness



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Welcome

This fiscal year marked a pivotal period of growth and clarity for the Lloyd H. Dean Institute for Humankindness & Health Justice.

We’ve continued to refine our purpose—and the ways in which we deliver on it—with a steadfast commitment to advancing health equity and social justice through the science of kindness, compassion, empathy and trust.

With intention and focus, we formalized our strategic priorities and solidified our service commitments in support of CommonSpirit Health.

Today, the Institute operates as a centralized function, providing technical assistance in four key areas:

Education: We develop and share educational content rooted in evidence-based practices to illuminate the role of humankindness and health justice in care delivery.

Training: Through the Common Good Academy, we equip health care leaders with the knowledge and skills to put kindness, compassion, empathy and trust into action.

Research: We support clinicians and researchers with a collaborative research agenda focused on the intersection of humankindness and health justice.

Evaluation: We create and implement evaluation and measurement frameworks to assess the impact of humankindness and health justice initiatives across the ministry.

As we look to the future, we're energized by the progress we've made—and even more by the potential ahead. Together, we will continue to lead with purpose, guided by our belief that humankindness is not just a value but a vehicle for transformative change.



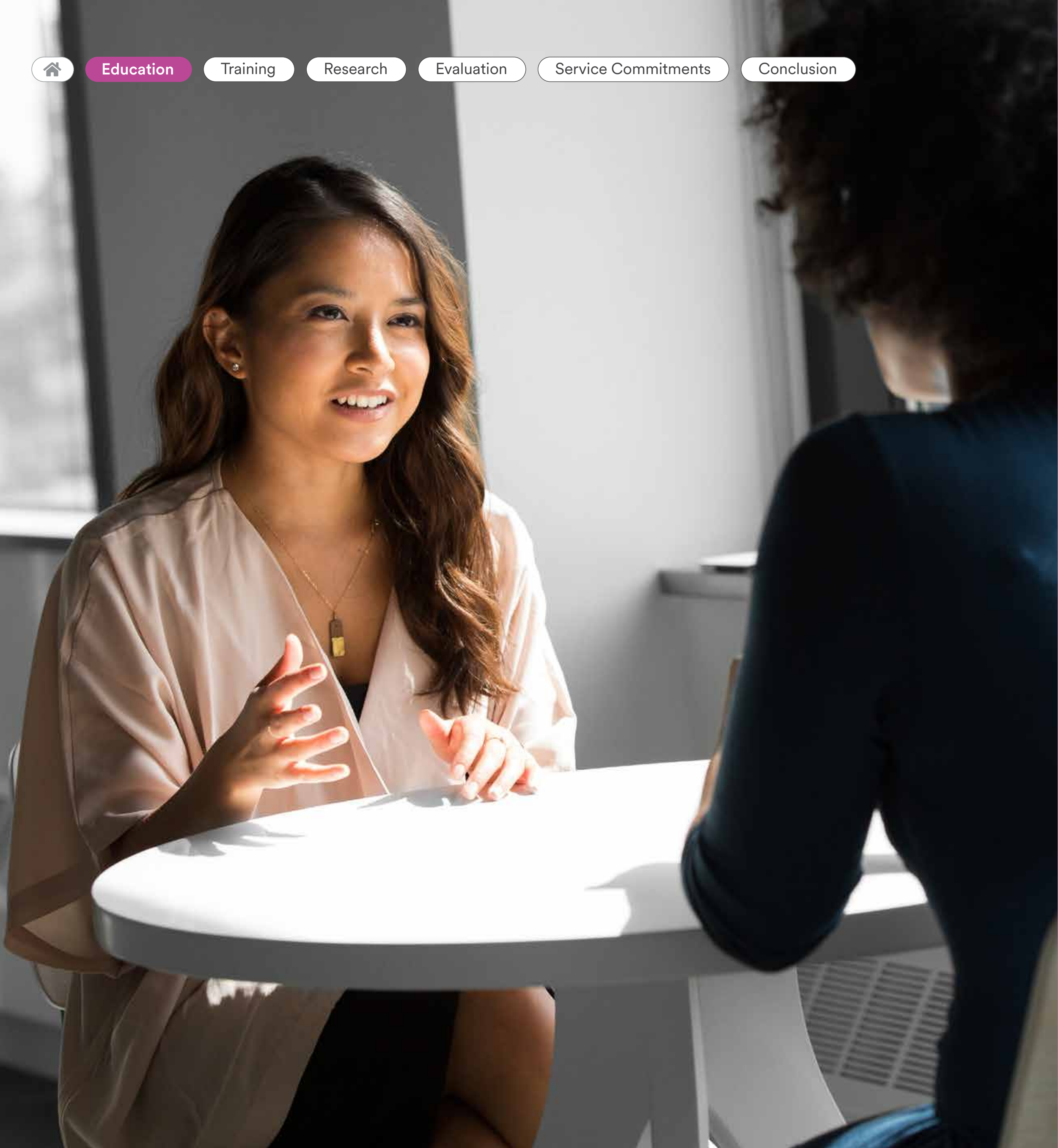
Alisahah Jackson, MD

Alisahah Jackson, MD
Inaugural President
Lloyd H. Dean Institute for
Humankindness & Health Justice



Pritesh Gandhi, MD, MPH

Pritesh Gandhi, MD, MPH
Chief Health Equity
& Community Impact Officer



The most innovative thing
that I’ve seen in health care yet is
a simple and proven idea — that
kindness has the power to heal.”

Lloyd Dean

2024 Humankindness & Health Justice Virtual Summit


Held in September 2024, the inaugural summit brought together national thought leaders to share their insights and best practices about leveraging the science of kindness, compassion, empathy and trust to accelerate health equity and social justice. The first Humankindness & Health Justice Award Winners were also announced.





914

registered attendees



307

registered to attend follow-up webinars

2024 Humankindness & Health Justice Award Winners

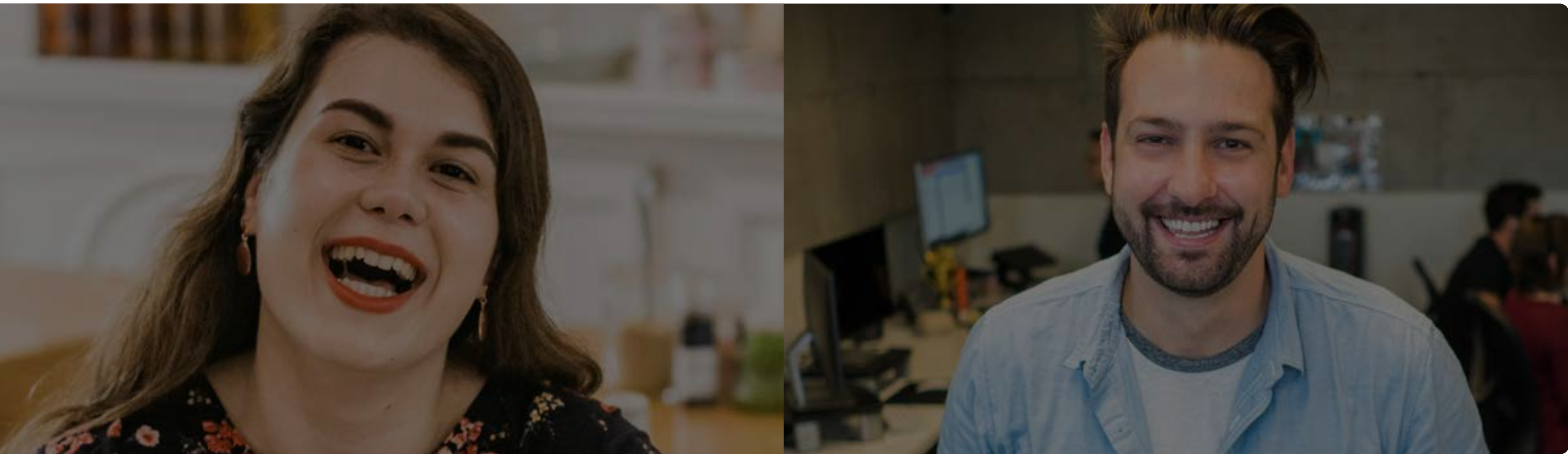
California: Gerry Alvarado

Central: Sarah Stanislav

Mountain: Abbi-Lynn Washington

Northwest: Kendra Brown

South: Mollie Harris



Virtual Education Curricula

LHDI team provides one-hour virtual sessions for departmental teams across the ministry:



Connecting Back to Our Shared Humanity: Humankindness & Health Justice Framework




Humankindness & Health Justice: Health Harming Legal Needs

Insight Articles

The Institute published insight articles to help CommonSpirit clinicians and staff deepen their understanding of key humankindness and health justice issues.

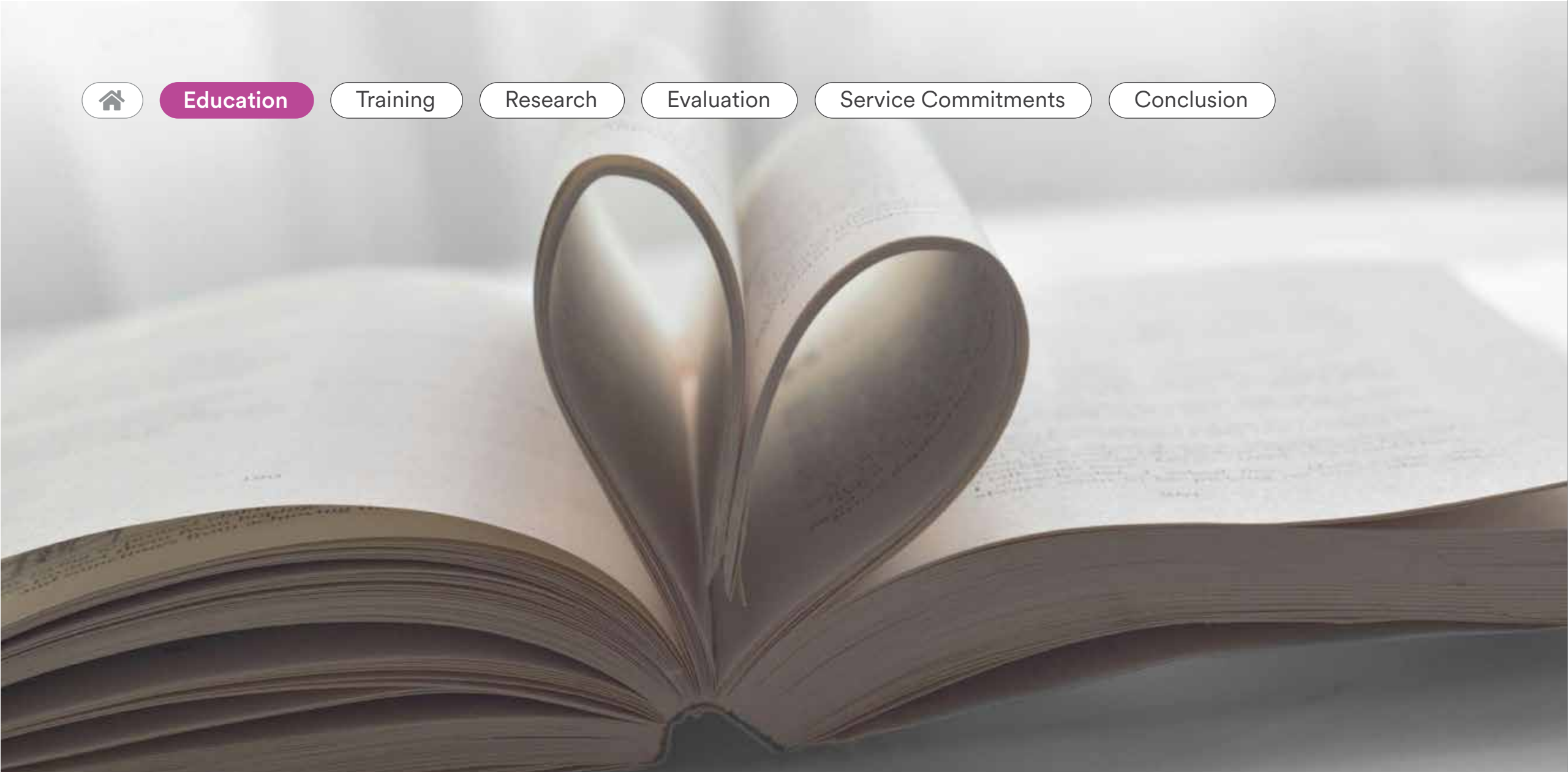
- Climate & Health
- Compassion
- Empathy
- Health-Harming Legal Needs & Medical Legal Partnerships
- Health Equity vs. Health Justice: Defining Terms
- Kindness
- Social Isolation and Loneliness
- Trust
- Volunteerism and Health
- Housing and Health

Sustained audience attention



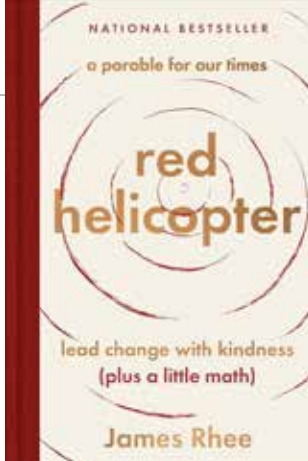
1,500+


engagements

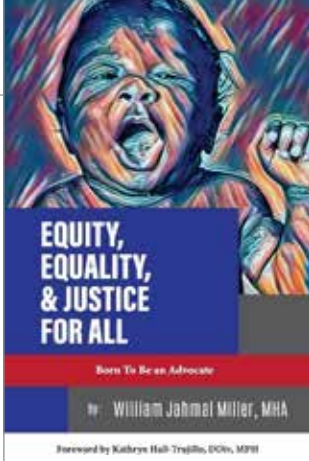



The Common Good Book Club

CommonSpirit Health colleagues gather quarterly to expand their understanding of the science of kindness, compassion, empathy and trust.



 **JAN 2025**
Red Helicopter
James Rhee




 **APR 2025**
Equity, Equality & Justice for All
Jahmal Miller

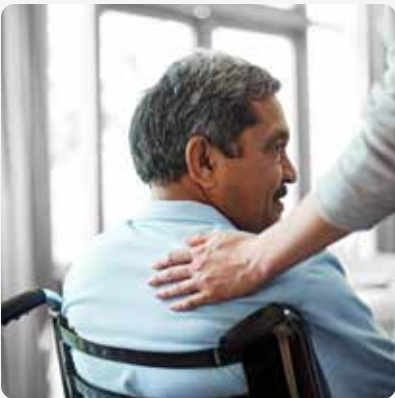
Webinars

Our webinar series explored timely topics at the intersection of health equity and humankindness, offering practical insights and research-based approaches for care teams and health leaders.

“I found it most valuable when there was recognition of how many different life factors can contribute to one situation.”
— Webinar attendee



400
webinar participants



 **OCT 2024**


Humankindness & Health Justice Approach to Research



 **NOV 2024**


Health-Harming Legal Needs: Medical Legal Partnerships



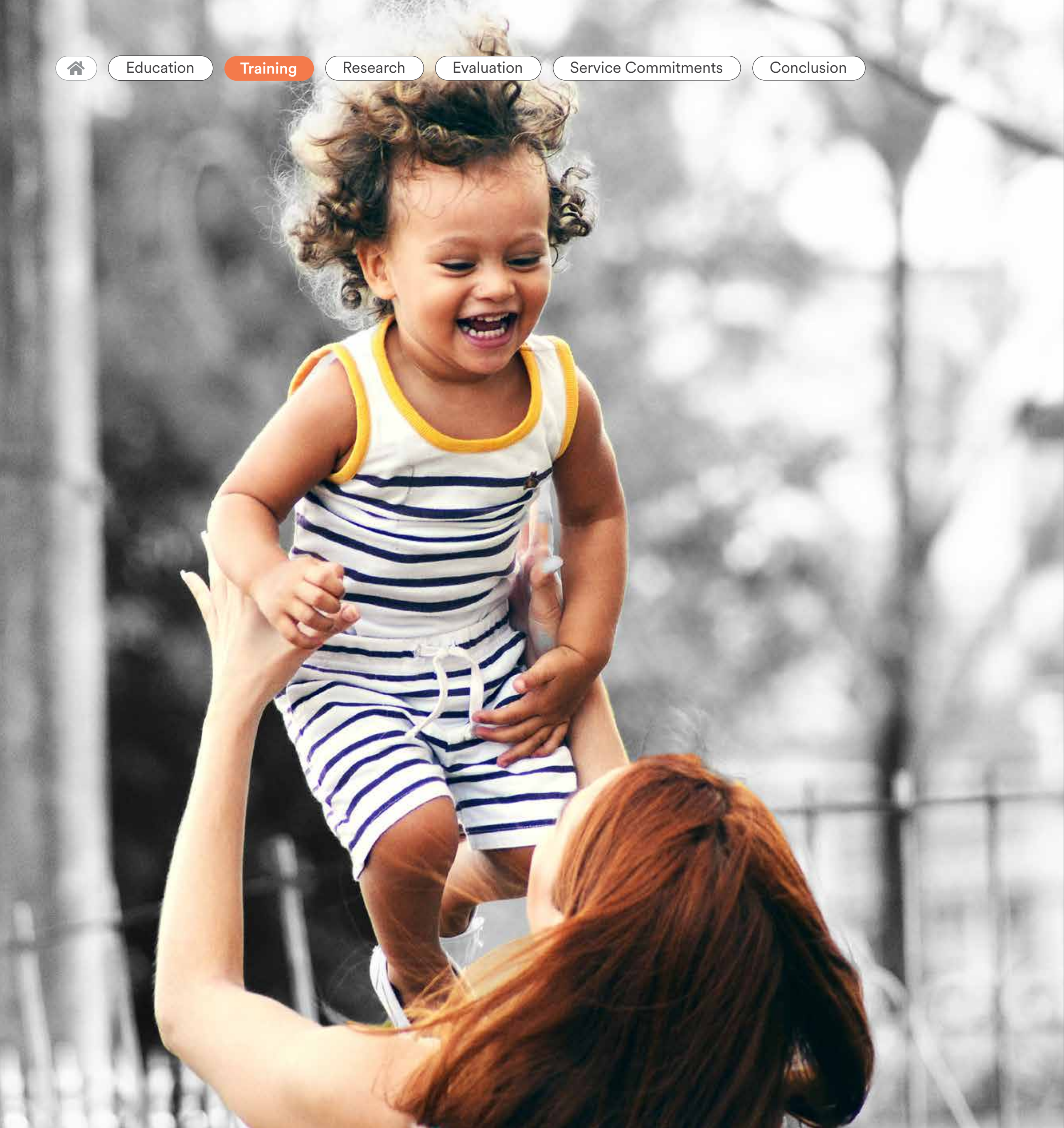
 **MAR 2025**

Social Isolation and Loneliness



 **JUN 2025**

Climate and Health



“

I’ve learned that people will forget what you said. People will forget what you did. But people will never forget how you made them feel.”

Maya Angelou



The Common Good Academy

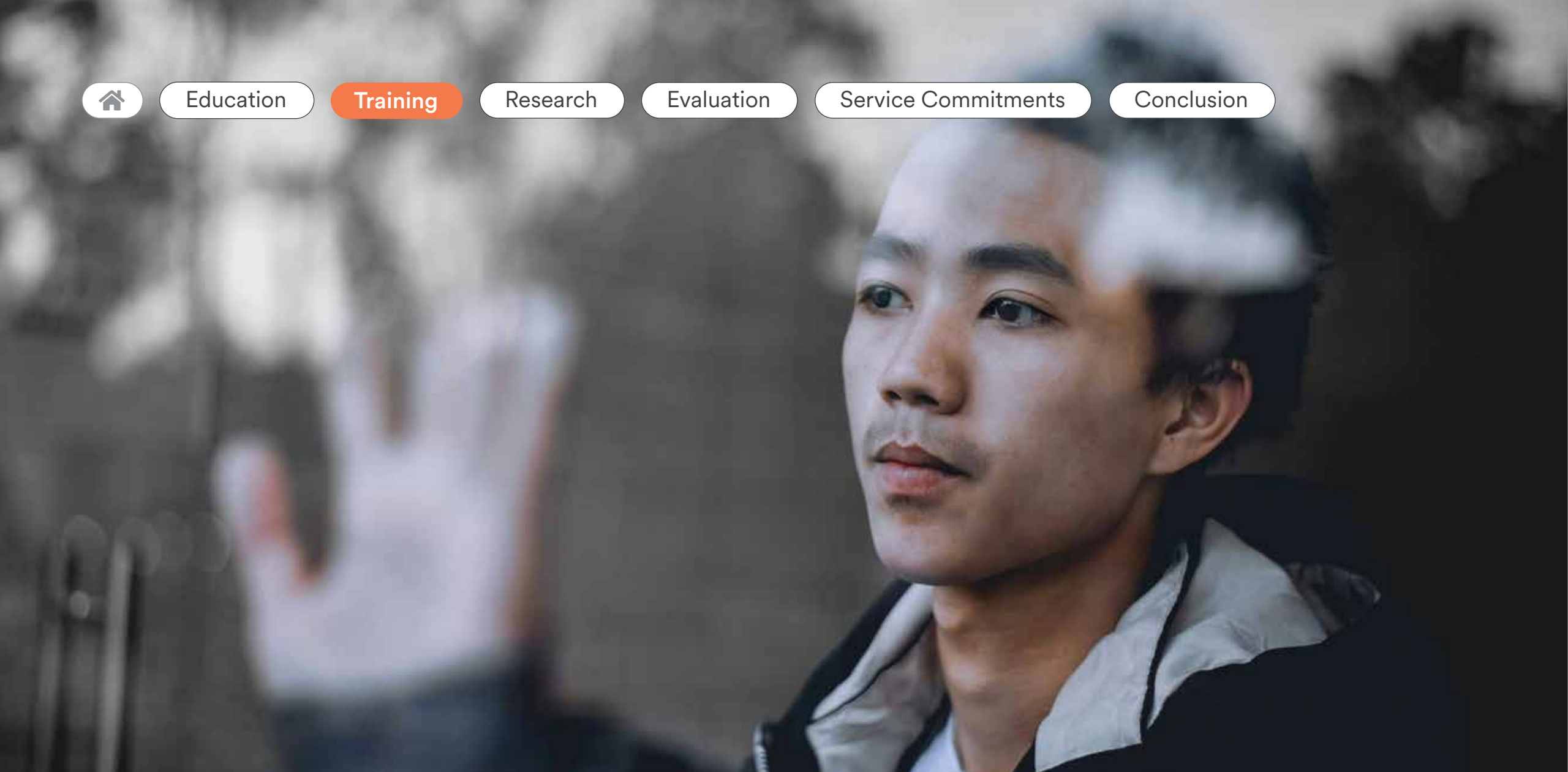
The Common Good Academy deepens participants’ understanding of the intersection between humankindness and health justice.

In April 2025, our first cohort—32 nurses, physicians, community health and quality leaders—graduated from the four-month Quality Track equipped to advance CommonSpirit’s 2025 health equity goals. Participants, all of whom have implemented or planned projects as a result of their work, overwhelmingly found the sessions valuable to their daily work.

A second cohort of 32 began the Quality Track in May 2025. This fall, a new group will launch the Climate and Health Track, focused on exploring humankindness and health justice through the lens of climate resilience, equipping leaders to address disparities within the context of a climate-resilient health system.

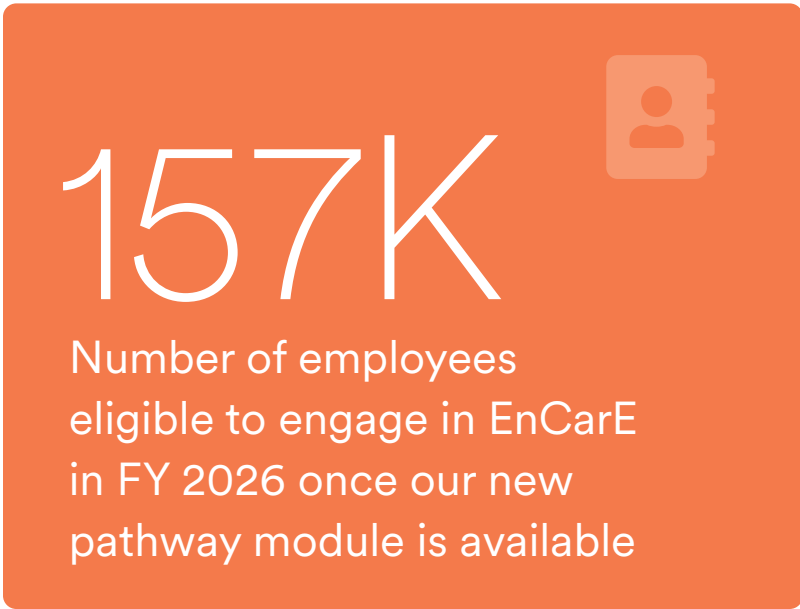
“Learning what makes a bold leader and a deep dive into our health equity goals was most valuable. This is the most connected I have felt to CommonSpirit in my seven years of working here. I appreciated seeing the direction our national leaders are going in and where our focus is as an organization.”
— Common Good Academy attendee





Enriched Care Coordination and Education to Address Social Isolation and Loneliness (EnCarE)

EnCarE is a program that helps care teams recognize the link between health and social isolation or loneliness. Implemented in Colorado, California and Kentucky, it evaluates how patient navigation changes after individuals engage with a trained care coordinator.



Toolkits



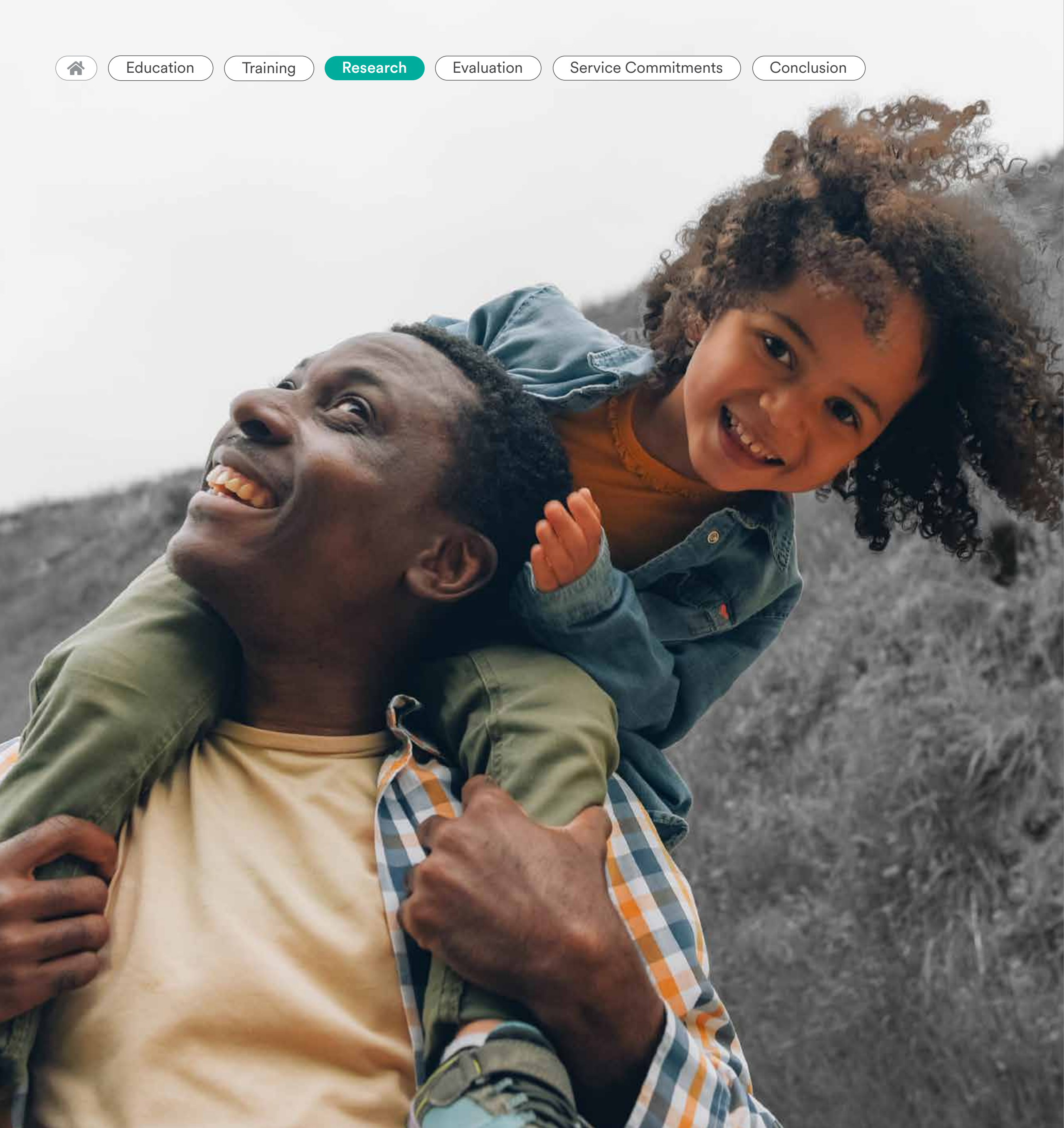
Medical Legal Partnership (MLP) Toolkit
The Medical Legal Partnership (MLP) Toolkit offers helpful resources and approaches to consider when starting an MLP to help reduce health-harming legal needs in your community.



Social Needs Screening Playbook
First published in 2022, the updated Social Needs Screening Playbook focuses on assessment, intervention, referral and follow-up in the screening process. In partnership with CommonSpirit Community Health and Physician Enterprise's Clinical Standards and Variation team, the playbook aims to support clinical teams and the implementation of social needs screening in clinical settings.



Mentoring Adolescents to Careers in Health (MAtCH) Program Toolkit
The Mentoring Adolescents to Careers in Health (MAtCH) Program provides guidance to markets as they consider creating a health career pipeline program for underrepresented youth in their community.



What I want to be remembered for is that I was able to do what I could, given my gifts and talents, to help make the world a little more compassionate, a little more livable, a little more just for others."

Sister Thea Bowman

Community-led Approach to IncRease CKM AwarEnesS (CARES)

 Omaha, NE  Chattanooga, TN

We’re helping shape an innovative intervention to address Cardio-Kidney Metabolic disparities for vulnerable communities.

In these communities, to date, we’ve found:

Little to no awareness of the term “CKM”

Generational differences

Mistrust in the health system

Poor health in areas with more social need

Peripheral Artery Disease (PAD) Disparities Study

 Sacramento, CA

We are working to identify providers’ barriers and facilitators to PAD screening in care settings. We’ve conducted a retrospective data scan to describe current PAD screening practices.

We found:

88% of respondents were either somewhat or not familiar with racial disparities in PAD

24% of respondents identified the “lack of knowledge of PAD management guidelines” as the most critical barrier to their patients with PAD not receiving risk-reduction therapies

Our research was presented at the American Heart Association – Scientific Sessions, and a manuscript is in development



\$750,000

Total external funding received for research, supporting all five CommonSpirit regions



To each is given the
manifestation of the Spirit for
the common good."

1 Corinthians 12:7



Pilot Medical Legal Partnership (MLP)

A partnership between CommonSpirit Health Legal Counsel and Polsinelli Law Firm led to the development of a humankindness and health justice-focused evaluation framework, which was implemented in Port Orchard, WA, and Bremerton, WA. We presented our innovative evaluation framework at the American Public Health Association conference.



Enriched Care Coordination and Education to Address Social Isolation and Loneliness (EnCarE) Partnership with Continuing Care

EnCarE is a program that helps care teams recognize the link between health and social isolation or loneliness. Implemented in Colorado, California and Kentucky, it evaluates how patient navigation changes after individuals engage with a trained care coordinator. We presented our framework at the American Hospital Association conference.

A large background image of a doctor in a white coat with a stethoscope around their neck, looking down at a document. Overlaid on the bottom right is a purple box containing a dollar sign icon and the text: \$155,191 Total external funding received for evaluation, supporting all five CommonSpirit regions



The meaning of life
is to find your gift. The purpose
of life is to give it away.”

Pablo Picasso

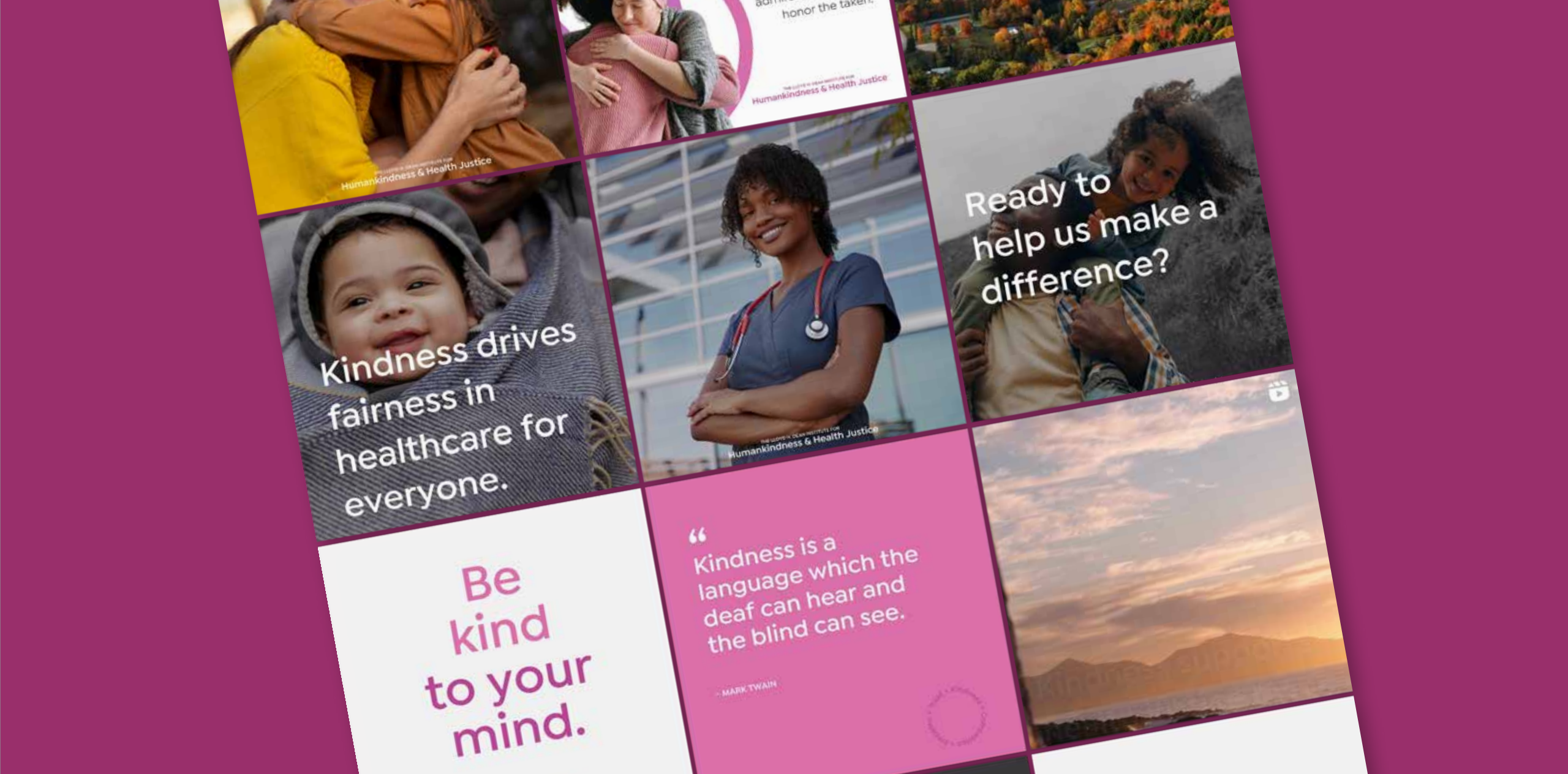
The institute serves as a centralized function of CommonSpirit Health, supporting our markets and regions as a business partner. Clinicians and staff can submit a service request to the Institute for technical assistance in the areas of education, training, research and evaluation, focused on the intersection of humankindness and health justice.

Ambulatory Health-Related Social Needs Learning Collaborative, Clinical Standards & Variation

The purpose of the learning collaborative is to bring together practices to support the implementation of health-related social needs screening and management in ambulatory care. The Institute is partnering with Clinical Standards & Variations to develop the educational curriculum and facilitate the integration of the Common Good PDSA to enhance social needs screening in ambulatory care.

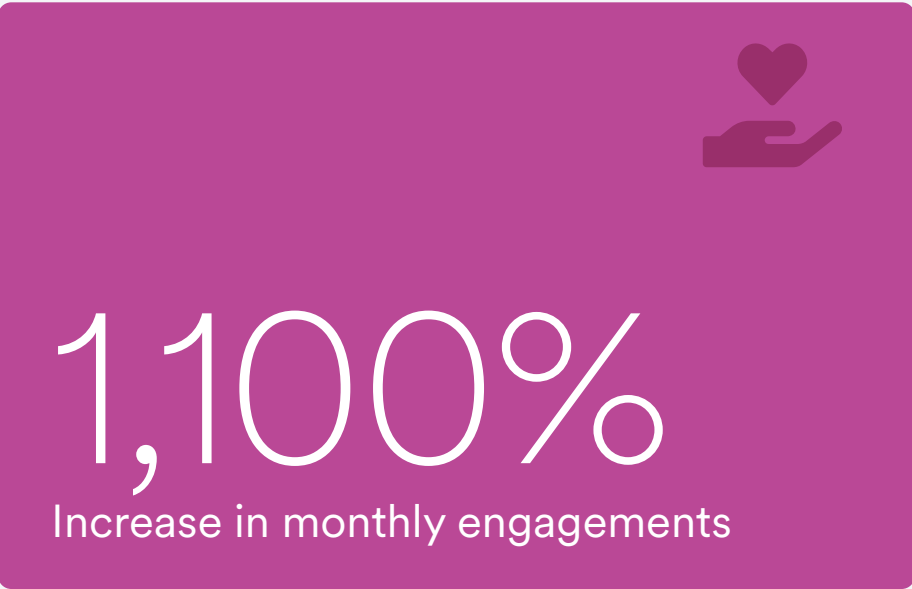
"Working with the Lloyd H. Dean Institute to organize the SDOH Learning Collaborative has been a genuinely collaborative experience. The Institute developed a structured curriculum grounded in humankindness and social justice while offering practical considerations for addressing social and resource-related needs in ambulatory care. Their contributions have added value to the overall outcome of the collaborative, while supporting the participating sites in taking actionable steps toward implementing a social needs framework."

— Clinical Standards & Variation Reduction



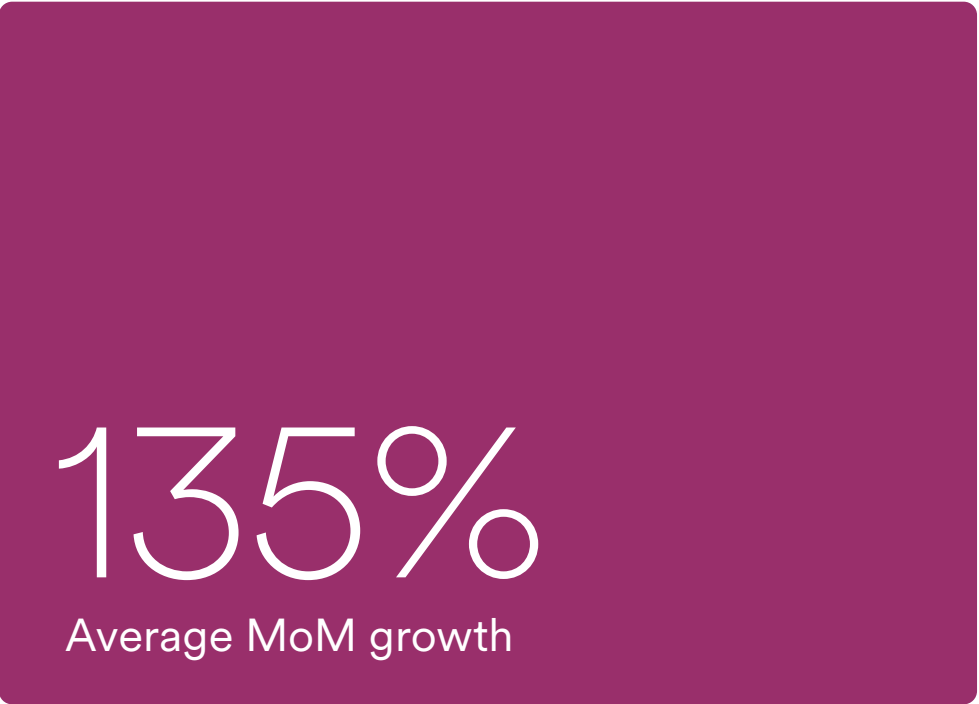
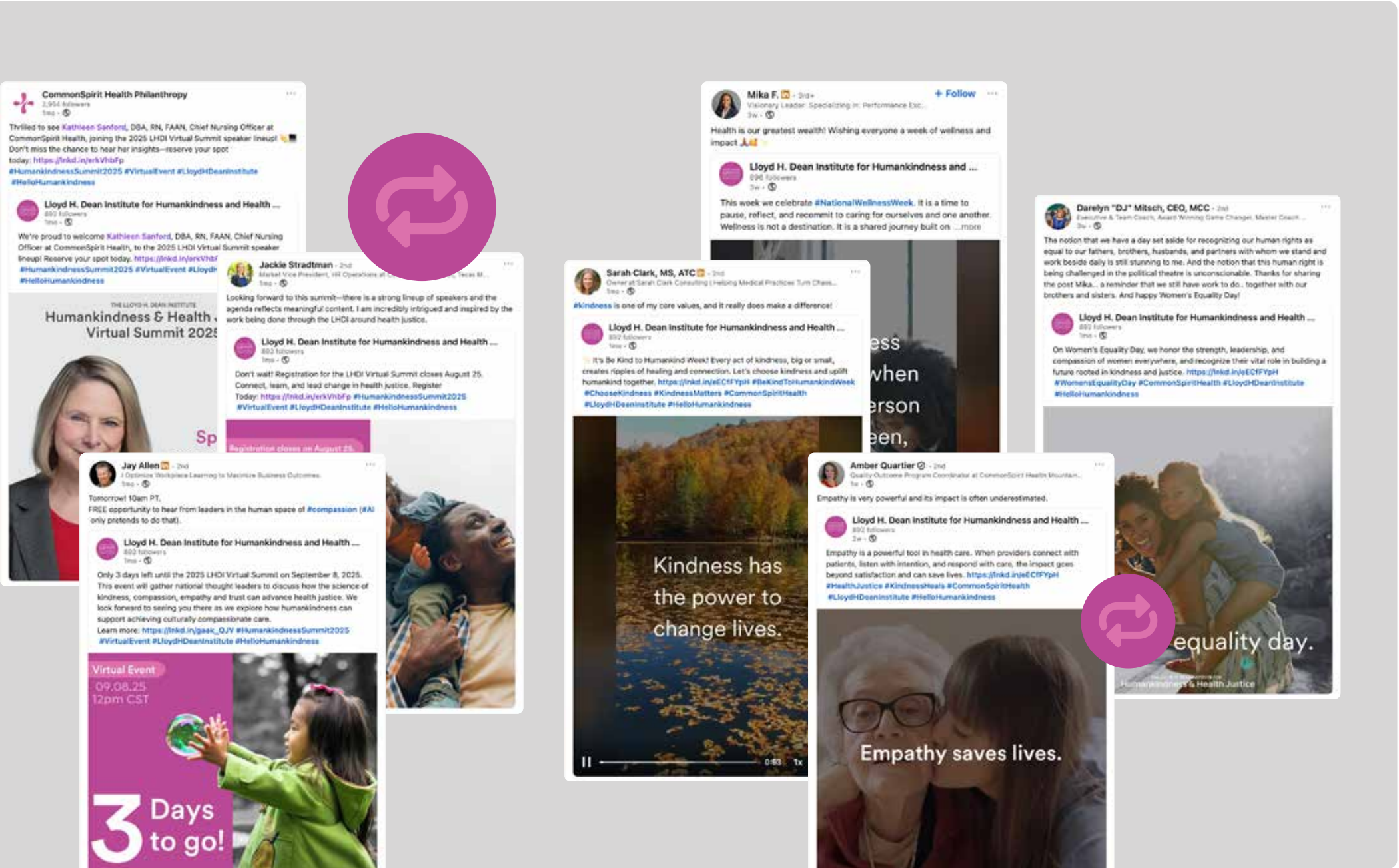
Communications Support

The Institute supported the Brand team with data to inform their national humankindness education campaign on social media.



Connection with LHDI

Since its launch in 2024, the Institute has experienced a combined social audience increase of approximately **28,442%**, resulting in an audience that is now more than **285 times** larger than at launch. Through its digital channels, LHDI builds connection, provides education, and supports the spread of humankindness among diverse audiences. This growth reflects increasing connection to the Institute’s message and mission, as individuals continue to share and engage with LHDI’s work.



Average MoM growth *all metrics combined*

Instagram	86%
LinkedIn	109%
YouTube	138%
Facebook	206%
Average	135%

Total follower growth

YouTube	233%
LinkedIn	17,640%
Instagram	26,300%
Facebook	99,900%

Total engagement growth

YouTube	1,186%
Facebook	7,786%
Instagram	29,400%
LinkedIn	33,300%

Grant Writing Support: Collaborative for Equity in Cardiac Care

This effort reflects the grant writing support provided to the national Cardiovascular Service Line and Physician Enterprise to help shape a proposed framework for equitable cardiac care. The work focused on outlining a model that would include:

Tailored and culturally responsive care: Opportunity to utilize community health workers (CHWs) to provide culturally sensitive care and address individual needs

Multi-disciplinary, coordinated, team-based care: Approaches to Integrating CHWs into care teams to coordinate services and address medical and social needs across the care continuum

Cross-sector collaboration: Ways to partner with community-based organizations to address SDOH and improve access to resources

Develop a Common Good Academy Track focused on Compassionate Cardiovascular Care

Develop a humankindess and health justice evaluation framework



"Collaborating with the Lloyd H. Dean Institute for Humankindness & Health Justice to pursue a research grant was both inspiring and rewarding. The team brought their deep expertise in advancing health equity and their unwavering, genuine commitment to the mission, with compassion and purpose. The experience reflected what service-driven collaboration should look like: thoughtful, mission-oriented and actionable."

— Nezar Falluji, MD, MPH, MBA, System Physician Vice President,
CommonSpirit Health National Cardiovascular Service Line

Health justice starts with humankindness

As the Lloyd H. Dean Institute for Humankindness & Health Justice continues to evolve, our focus remains clear: to embed the science and practice of humankindness into every facet of health care. Through education, research, training and evaluation, we are helping to shape a more compassionate and just future for all. With each initiative, each partnership and each story of impact, we move closer to humankindness at the center of every experience.

[Learn more](#)

Our work continues
because of you, our
generous donors and
community partners.

[Donate today](#)

human kindness